



# **SOT FDA Colloquia on Emerging Toxicological Science Challenges in Food and Ingredient Safety**

## **Distinguishing between Mode and Mechanism of Action**

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# Conflict of Interest Statement

The research described in part was funded by different sponsors to the nonprofit organization Toxicology Excellence for Risk Assessment (TERA). Funding is ~2/3<sup>rd</sup> government and ~1/3<sup>rd</sup> industry. See <http://www.tera.org/about/FundingSources.html>.

The mission of the TERA Center is *to support the protection of public health* by developing, reviewing and communicating risk assessment values and analyses; improving risk methods through research; and, educating risk assessors, managers, and the public on risk assessment issues.



# Mode of action

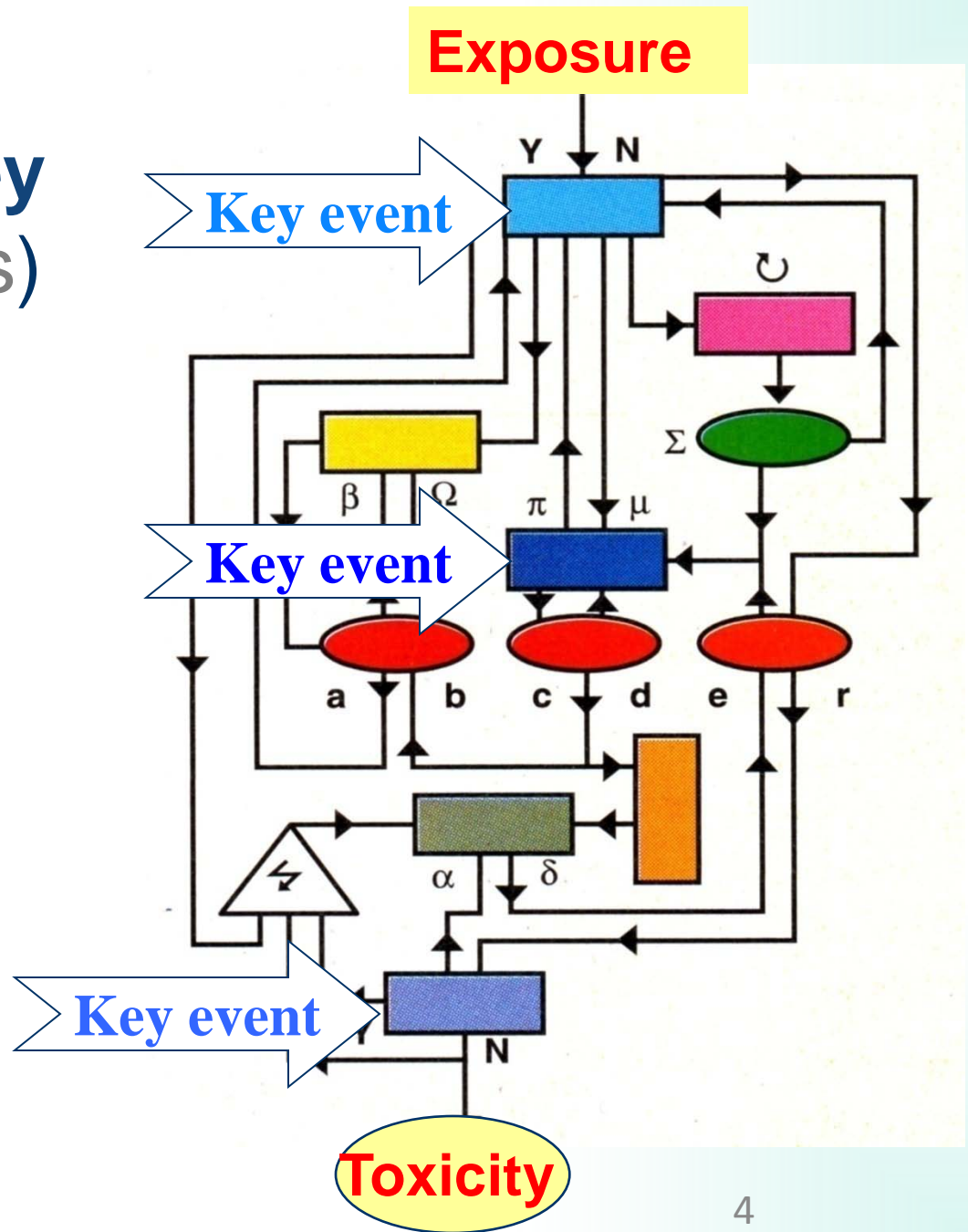
(identification of **key** & **obligatory** steps)

*... is not ...*

# Mechanism of action

(more detailed understanding at biochemical & molecular level)

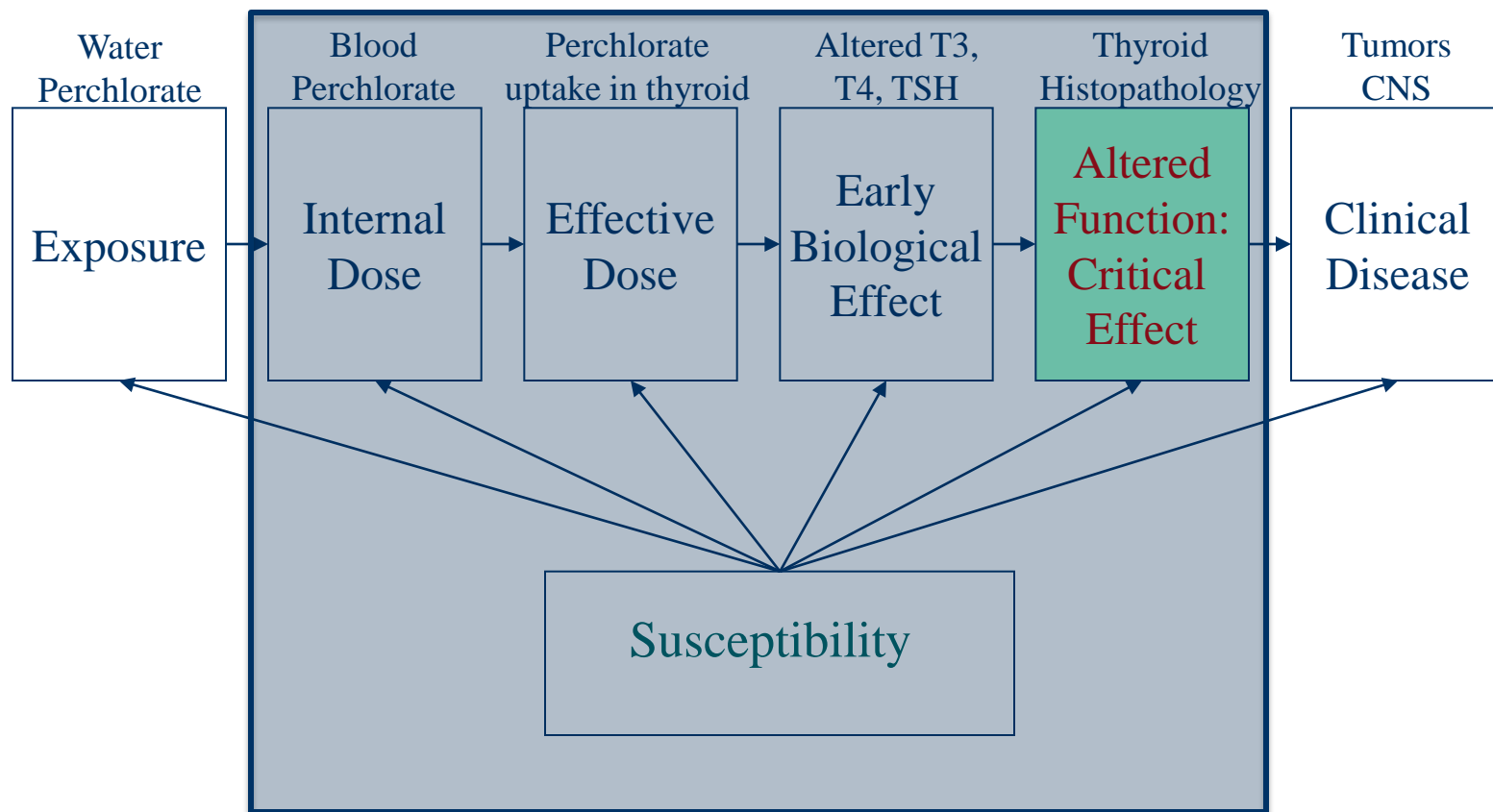
In part based on EPA (2005)



# The Black Box of MOA Revealed

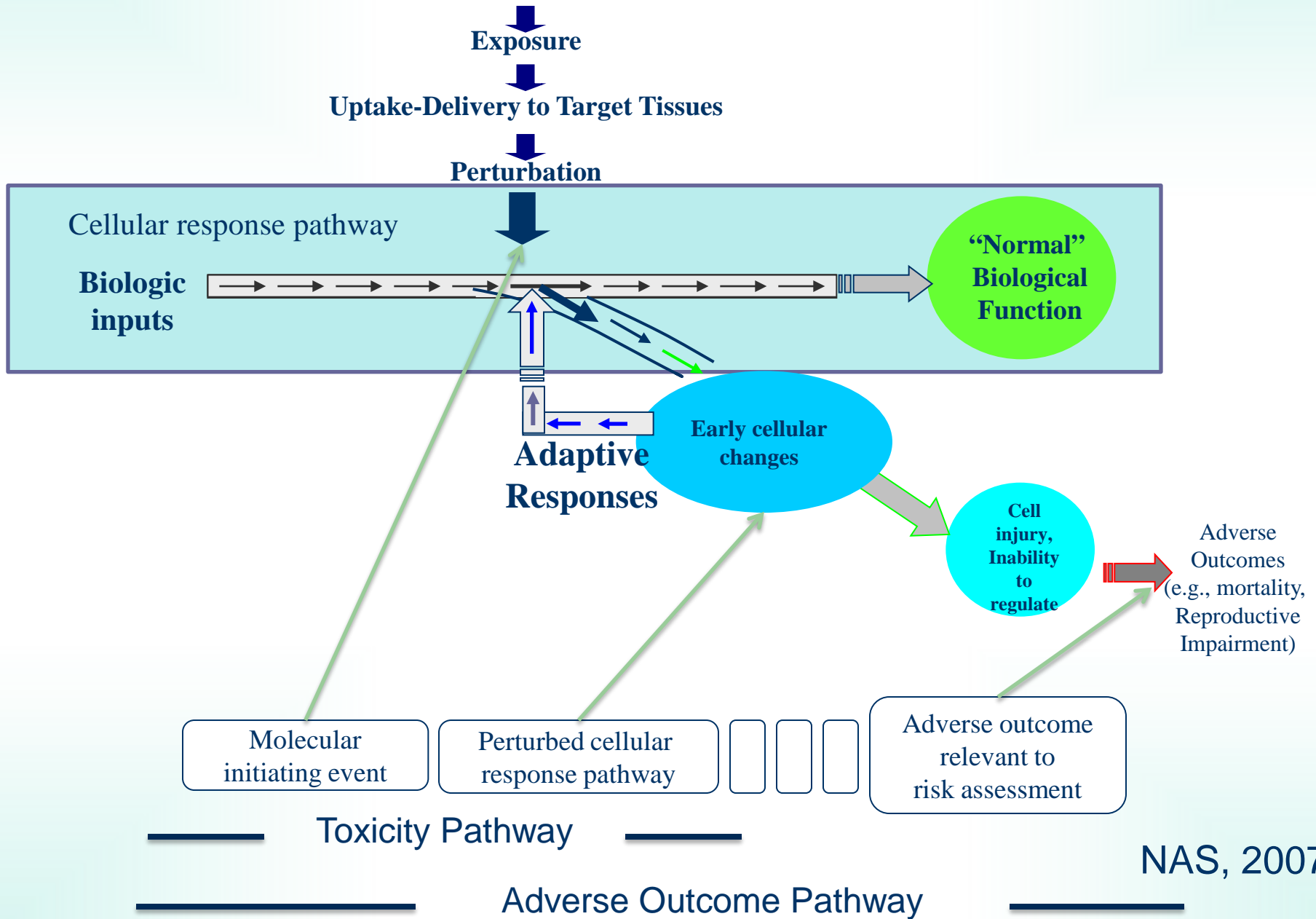
Exposure

Effect



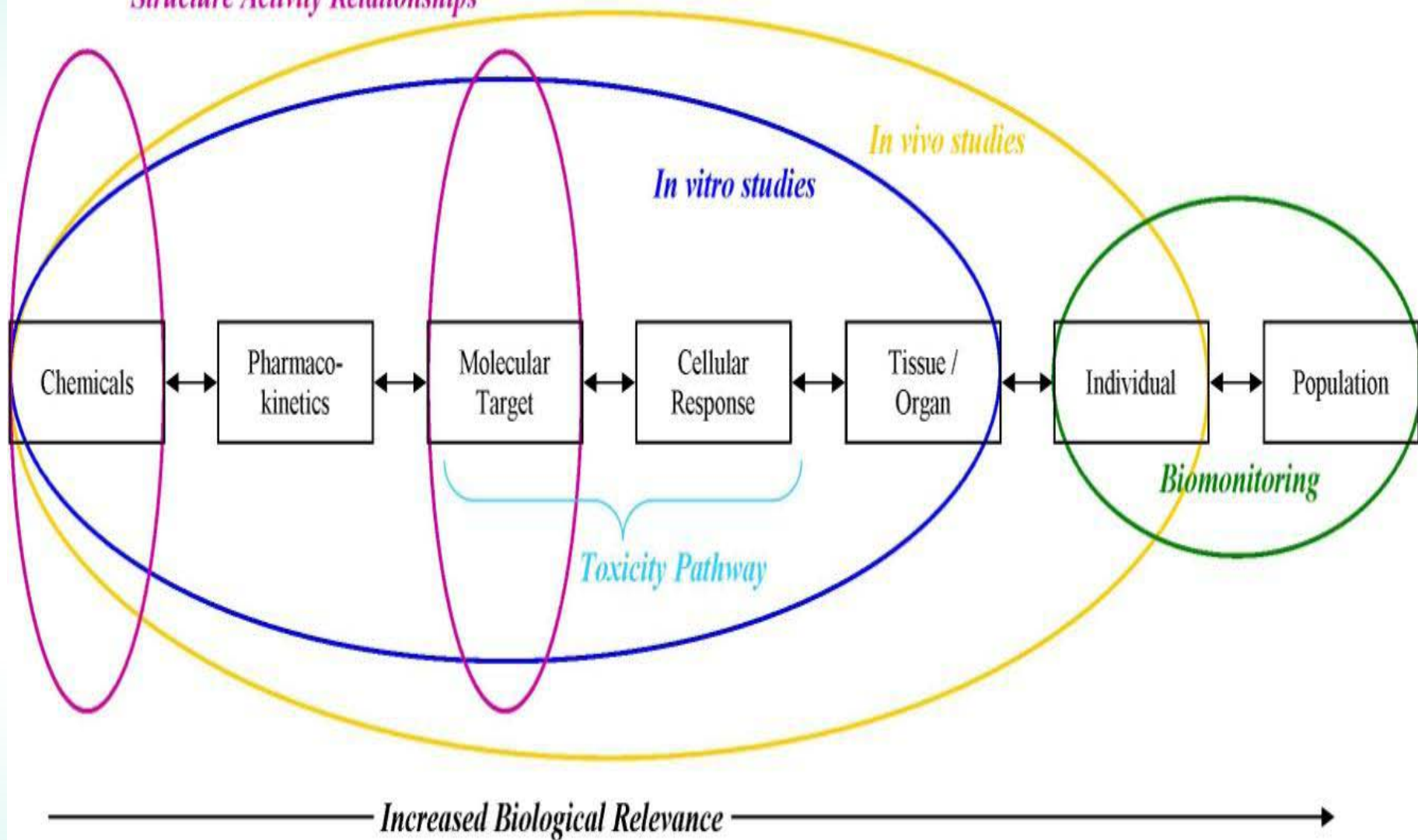
Adapted from Schulte (1989); Farland et al. 2000

# Tox 21: Outcome Pathways of NAS



Adverse Outcome Pathway

Structure Activity Relationships



# MOA versus AOP

- **From a risk assessor's perspective...**
  - **Adverse Outcome Pathway (AOP) reflects the inherent structure of the body for dealing with internal and external impingements. AOP is chemical-agnostic.**
  - **Mode of action reflects the key & obligatory steps through which a chemical interacts with the organism... And the organism's response. MOA is chemical-specific**



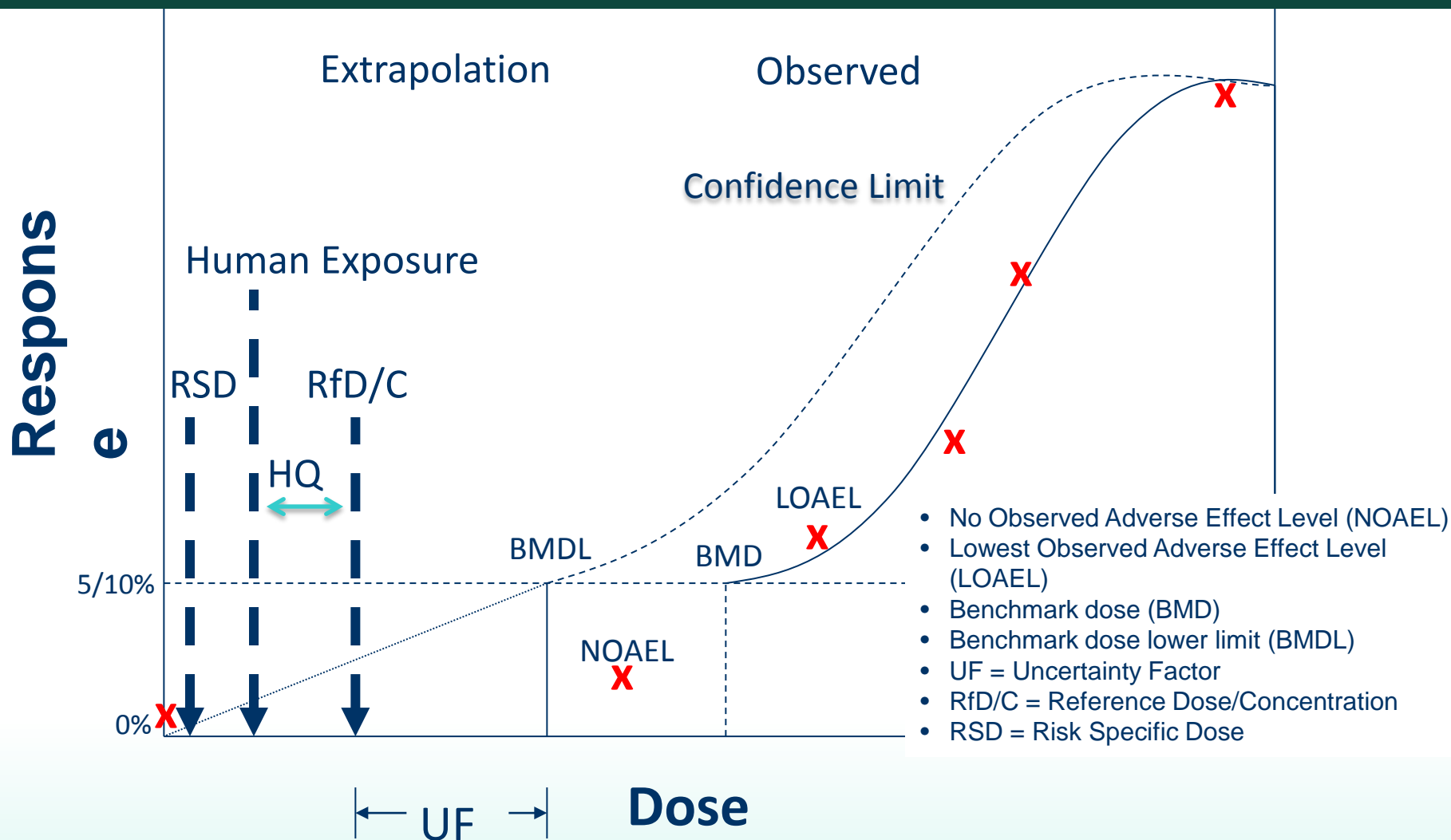
# Thresholds, Dose Response and MOA

- The question of thresholds is a biological one and cannot be resolved by mathematical model fitting
  - It is essentially impossible to **mathematically** determine whether a threshold exists. Any data consistent with no dose-related change in response are also consistent with a slight, nonzero dose-related change.
- The underlying presumption about shape of dose-response curve is different for cancer and noncancer
  - Default for cancer risk assessment –linear extrapolation (based on DNA-reactive MOA)
  - Default for noncancer – nonlinear or threshold extrapolation (based on non-DNA reactive MOA)
  - This results in a different burden of proof depending on the endpoint.



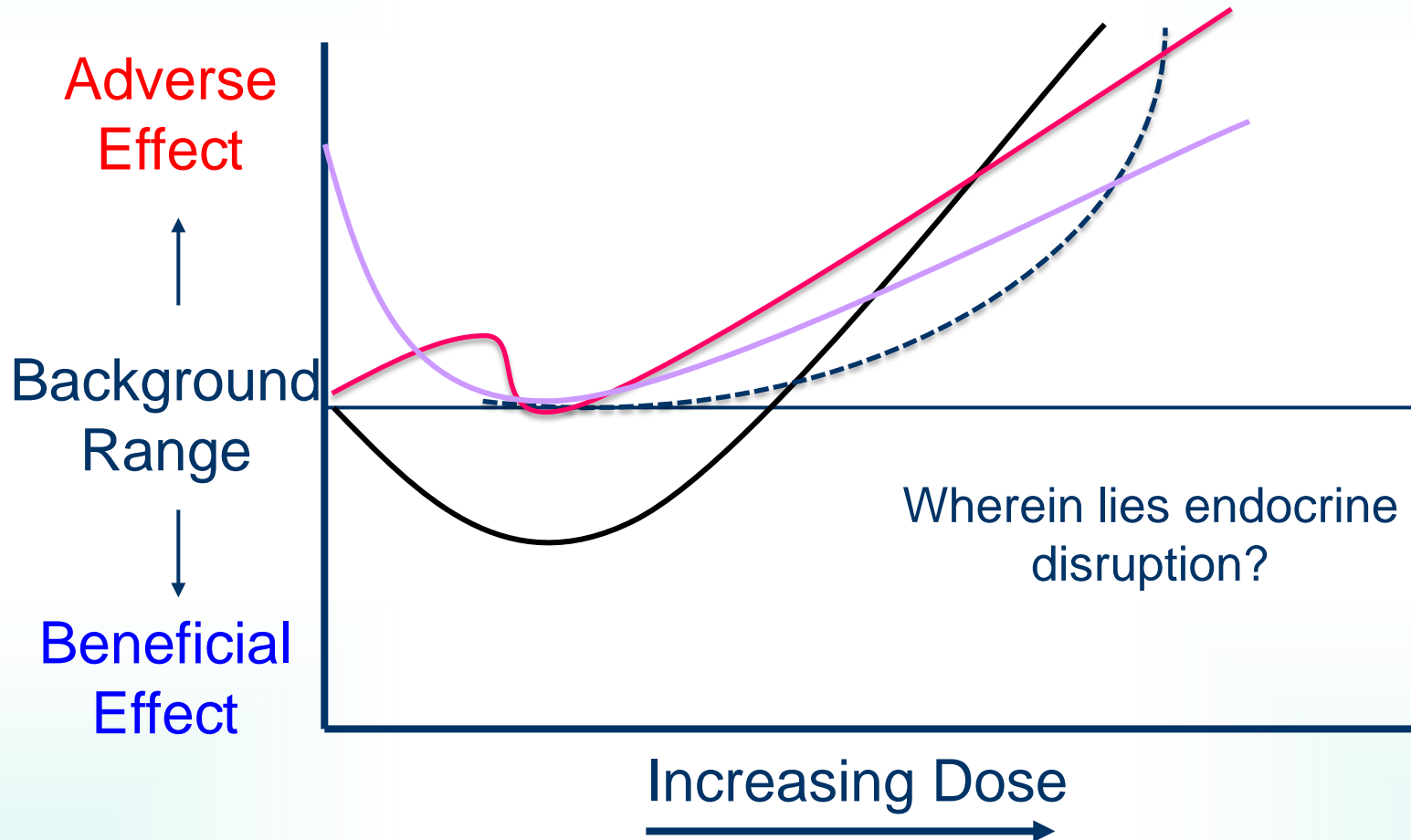


# Typical Dose Response Approaches



# But Then Again... A Variety of Possibilities

Essentially (–), Hormesis (–), Toxicity (---)  
**Nonmonotonic (–)**



# ILSI-IPCS-EPA Mode of Action Framework

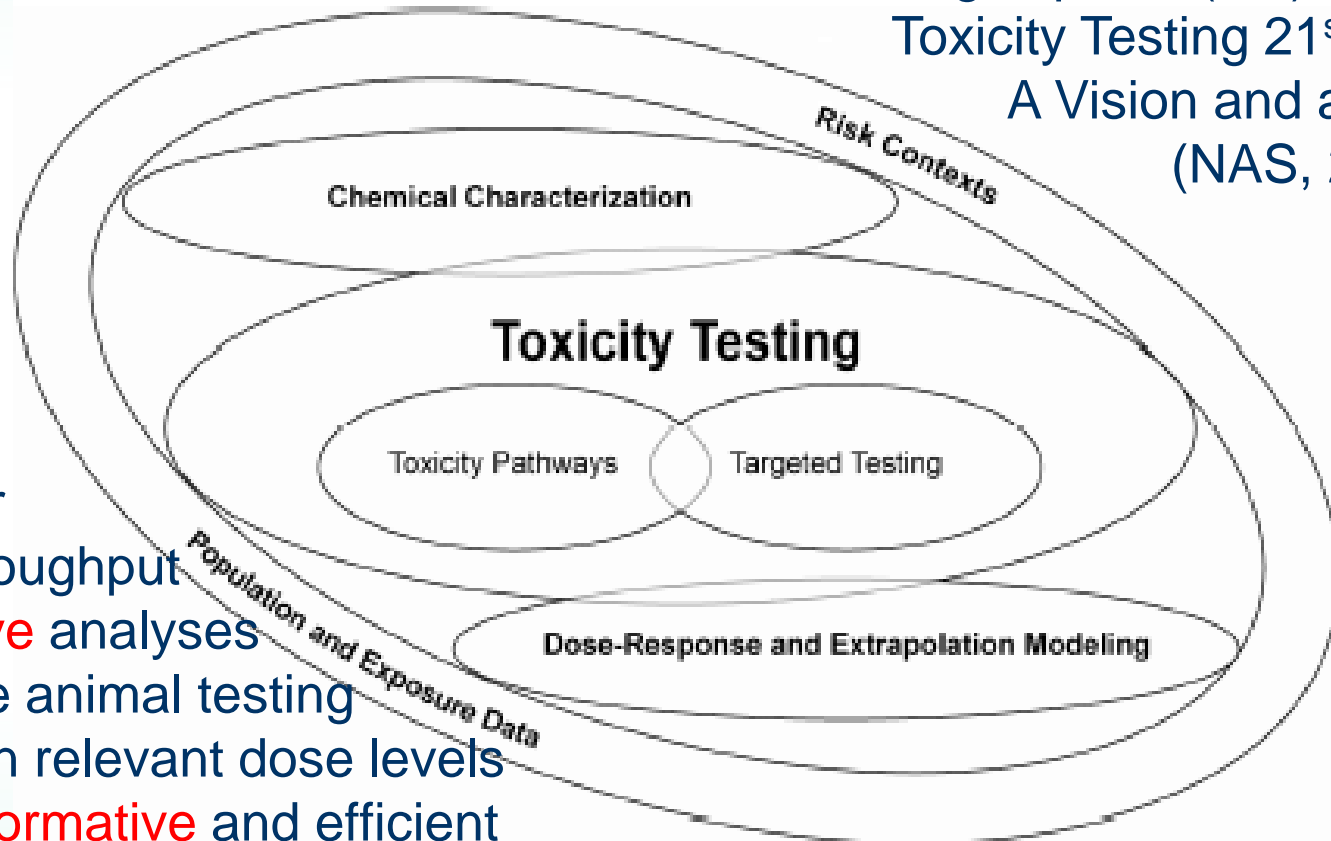
- **Postulated Mode of Action**
    - Identify sequence of key events on path to critical effect
  - **Experimental Support**
    - Concordance of dose-response for key events for critical effect
    - Temporal relationships for key events & critical effect
  - **Biological Plausibility & Coherence**
  - **Strength, Consistency & Specificity**
  - **Other Modes of Action**
  - **Identify Uncertainties**
  - **Conclusion**
- Various publications over 15 years



# The Future: Toxicology 21--- Systems Biology-based Toxicology Testing?

Driving impetus (US)

Toxicity Testing 21<sup>st</sup> Century:  
A Vision and a Strategy  
(NAS, 2007)



## The Vision

- Cheaper
- High throughput
- **Predictive** analyses
- Minimize animal testing
- Focus on relevant dose levels
- More **informative** and efficient
- **Characterize** human variability
- **Improve** scientific basis of risk assessment
- Human cells – minimal interspecies extrapolation

# Some Risk Assessment Uses of Systems Biology

- Hazard characterization:
  - Hypothesis generation for AOPs/MOAs (**maturing**)
  - Hypothesis testing of AOPs/MOAs (**developing**)
  - Endpoint identification (**developing**)
- Dose-response assessment:
  - Characterize dose-response on biomarker data (**developing**)
  - Decreased need for low dose extrapolation (**developing**)
  - Reduced extrapolation across species (**immature**)
- Exposure assessment
  - Use biomarkers of effect to combine exposures (**immature**)
  - High-throughput exposure assessments (EPA's ExpoCast program); RAIDAR and USETOX models – **immature**



# Biomarker Applications

- Biomarkers of exposure
  - Quantify/verify exposure
  - Medical monitoring (intervention)
  - Cross-species extrapolation (kinetics)
- Biomarkers of effect
  - Medical monitoring (recovery and long-term effects)
  - Cross-species extrapolation of toxicodynamics
  - **Evaluate mode of action hypotheses/help characterize AOP**
  - Immediate precursors for dose-response
  - Low-dose response characterization
  - Mechanistic modeling
- Biomarkers of Susceptibility
  - Identify susceptible subpopulations
  - Characterize human variability



# MOA for Acrylamide

- One MOA for tumors is direct DNA damage due to glycidamide.
- Other tumor MOAs are growth stimulation, oxidative stress and genotoxicity other than mutagenicity due to acrylamide.
- Mutagenicity and genotoxicity are only seen at doses higher than those that caused tumors. However, unmeasured mutagenicity might be occurring at low doses.
- Tumors are generally benign, occur late in life, and are more often in hormonally-active organs. Such tumor appearance is more consistent with manners of tumor formation that are different from direct mutation.



# Biomarkers of Effect

Bowyer et al., 2008. Subchronic acrylamide exposure in Fischer 344 rats.

Region	Gene Expressed	Expression Levels		
		% Relative to Control <sup>a</sup>	Relative to GAPDH	P value <sup>d</sup>
Thyroid	Glyceraldehydephosphate dehydrogenase (GAPDH)	83±12%	NA	NA
Thyroid	Thyroglobulin	102±18%	54.6-fold	0.97
Thyroid	Thyroid peroxidase	102±18%	0.278-fold	0.77
Thyroid	Sodium iodide symporter	142±22%	0.0218-fold	0.12
Thyroid	Type I 5'-deiodinase	142±38%	0.295-fold	0.48
Thyroid	Type II 5'-deiodinase	189±33%	0.0181-fold	0.034
Thyroid	Type III 5'-deiodinase	113±18%	0.00139-fold <sup>b</sup>	0.53
Thyroid	Mki67	109±14%	0.0619-fold	0.71
Pituitary	Thyroid stimulating hormone $\beta$	108%	12.31	0.30
Pituitary	Thyroid hormone receptor $\alpha$	103%	8.53	0.57
Pituitary	Thyroid hormone receptor $\beta$	109%	8.74	0.73

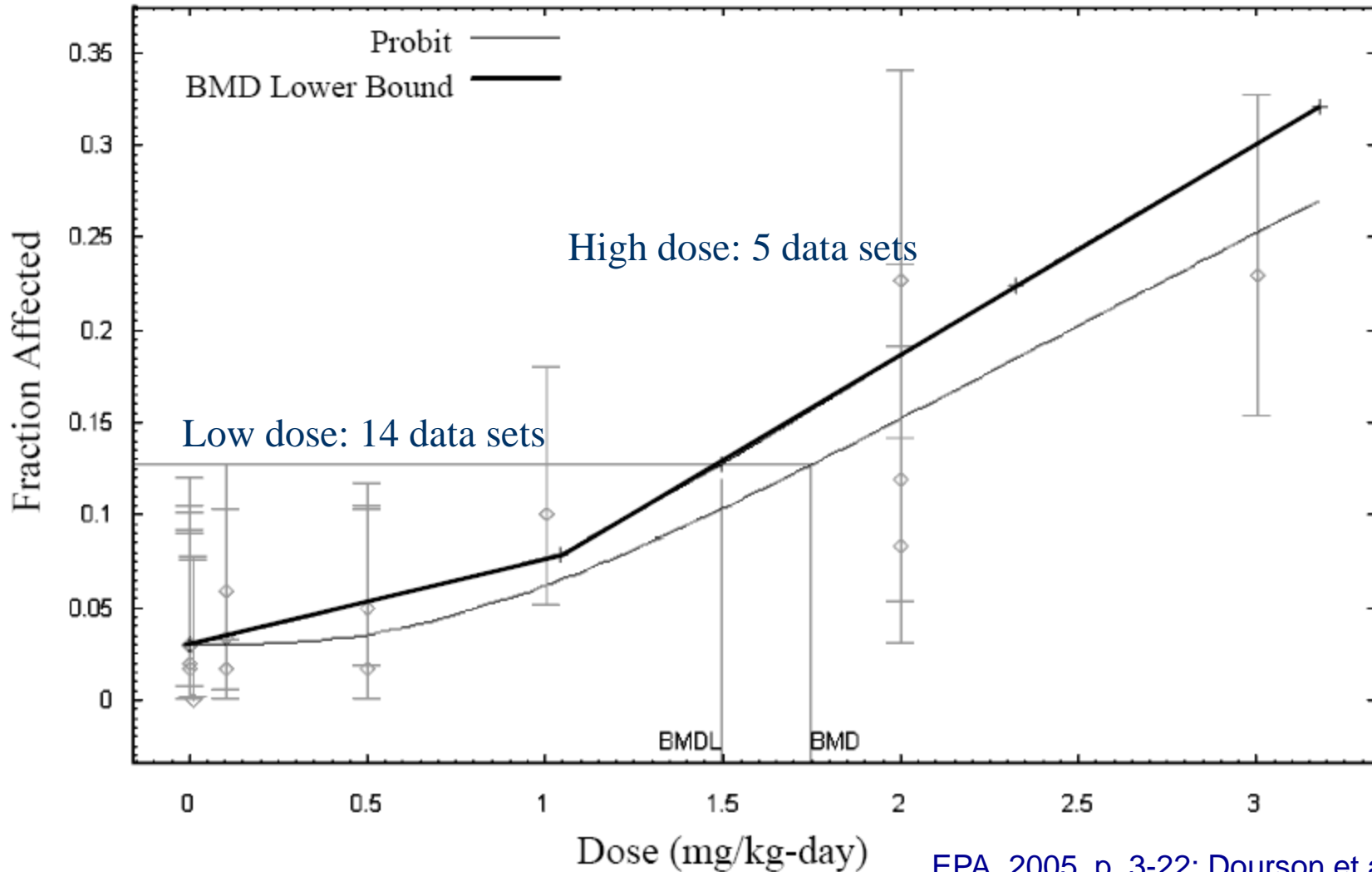
Statistically significant  
←

The authors think this argues against a hormone MOA, but does it?



# Dual Mode of Action (MOA)

Probit model fitted to pooled-all thyroid tumor data shows different slopes between low & high doses.



# Summary for Acrylamide MOA

- **The weight of scientific evidence supports both a mutagenic and non-mutagenic manners of tumor formation are likely to contribute to thyroid tumors.**
- **A multiple MOA dose response assessment based on EPA (2005, page 3-22) and EPA (1998) is suggested for the management of exposures associated with this chemical.**

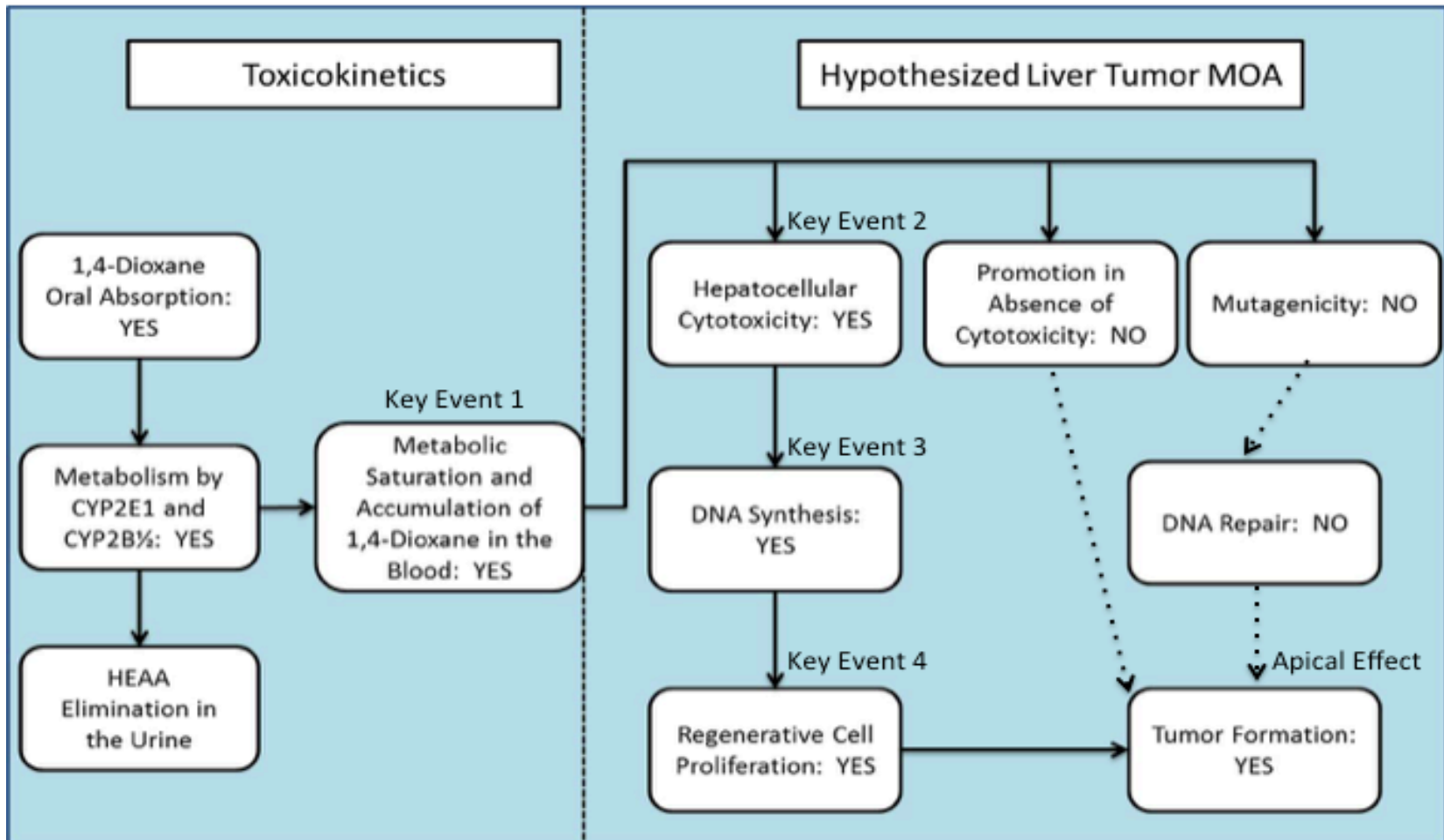


# MOA for 1,4-Dioxane Liver Tumors

- **Data from two mouse cancer bioassays, one 13-week mouse study, and seven rat cancer bioassays, show toxicity in the rodent liver.**
- **Observed liver toxicity is related to metabolic saturation.**
- **1,4-dioxane is negative for mutagenicity and DNA repair, but does show DNA synthesis.**
- **Appearance of liver tumors occurs in species/strain with a high background incidence.**



Figure 1. Mode of Action (MOA) for 1,4-Dioxane Induced Liver Tumors



# EPA (2013) Figure 3-2. Plasma 1,4-dioxane levels in rats following i.v. doses of 3-5,600 mg/kg

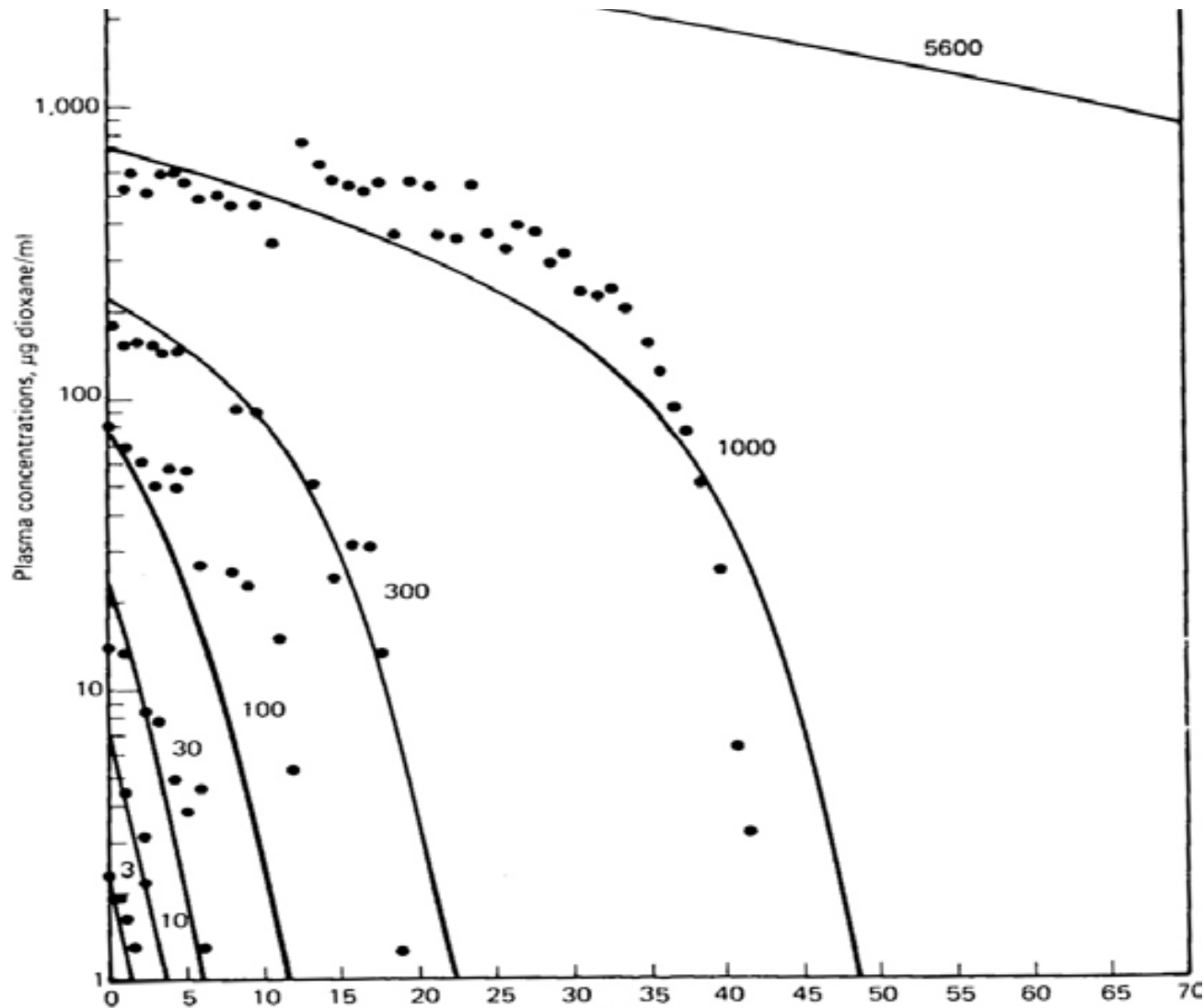
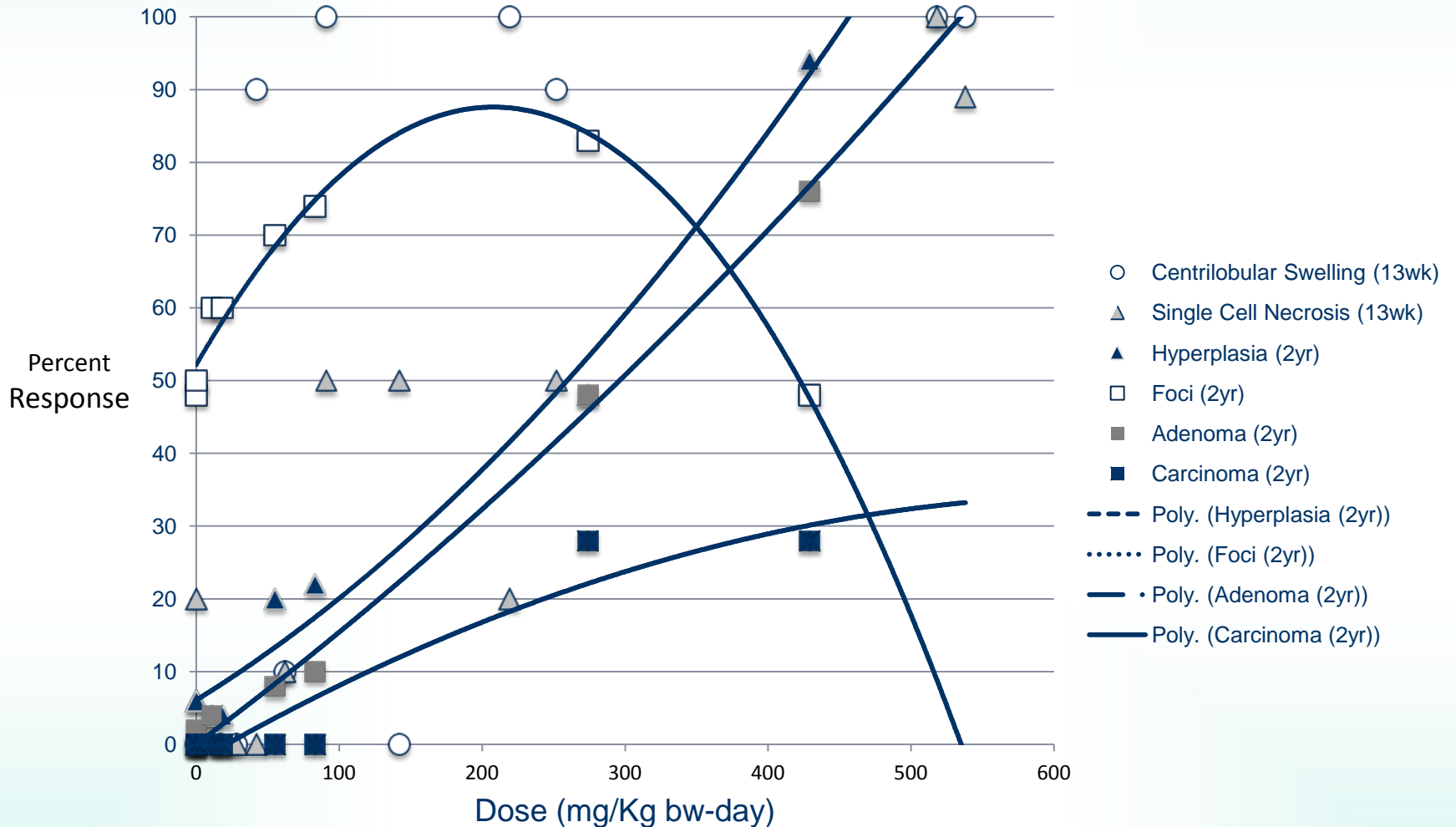


Figure 3. Pooled Incidence of 6 effects in F344 Male and Female Rats Given 1,4-Dioxane for either 13 Weeks or 2 Years. 13 Week doses have been adjusted to chronic equivalents (JBCR, 1990).



# Summary for 1,4-Dioxane MOA

- Mutations induced by 1,4-dioxane, if any, are not a key event in tumor formation.
- The re-read of the mouse liver slides of the NTP (1978) clearly shows noncancer liver toxicity preceding tumor formation.
- Metabolism saturates at oral doses above 100 mg/kg-day.
- 1,4-Dioxane is the toxic moiety.
- 1,4-Dioxane causes a regenerative hyperplasia in rat and mouse liver ahead of liver tumors in both dose rate and time.

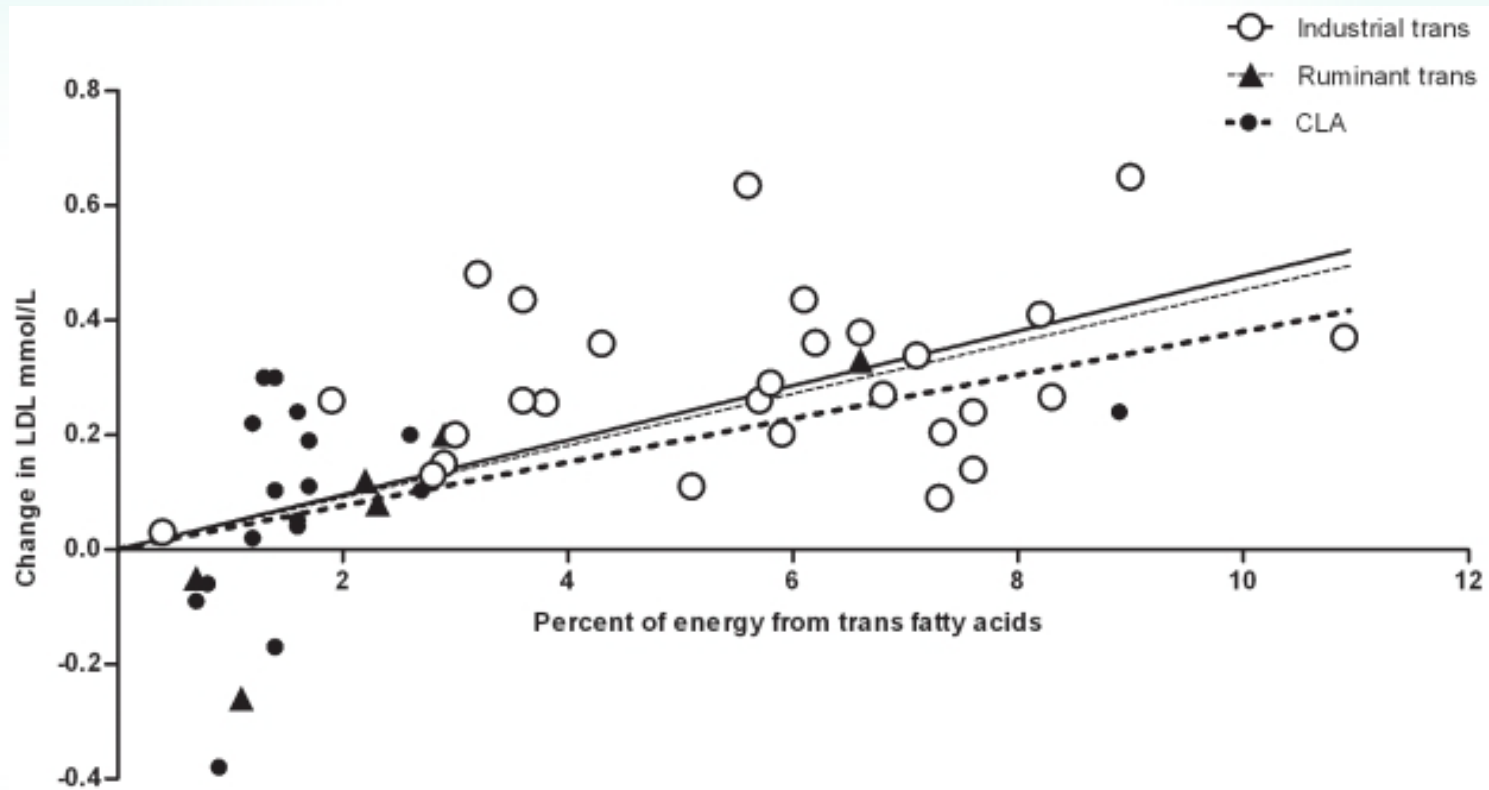


# MOA for Trans Fatty Acids

- Bringing a risk assessment perspective to a macronutrient
  - More variables than epidemiology of industrial chemicals
  - Studies generally not designed to do risk assessment
  - With what is the TFA replaced? Most replacements (SAT, *cis*-MUFA, PUFA) are not neutral – some are beneficial.
  - If rest of diet held constant, total energy is not constant.
  - Substantial variability across studies in fatty acid distribution
- Focus is on LDL based on the FDA notice, recognizing that coronary heart disease is *much* more complex.
- What is the shape of the curve relating TFA exposure and LDL-cholesterol levels? Is there a threshold for adverse effect?

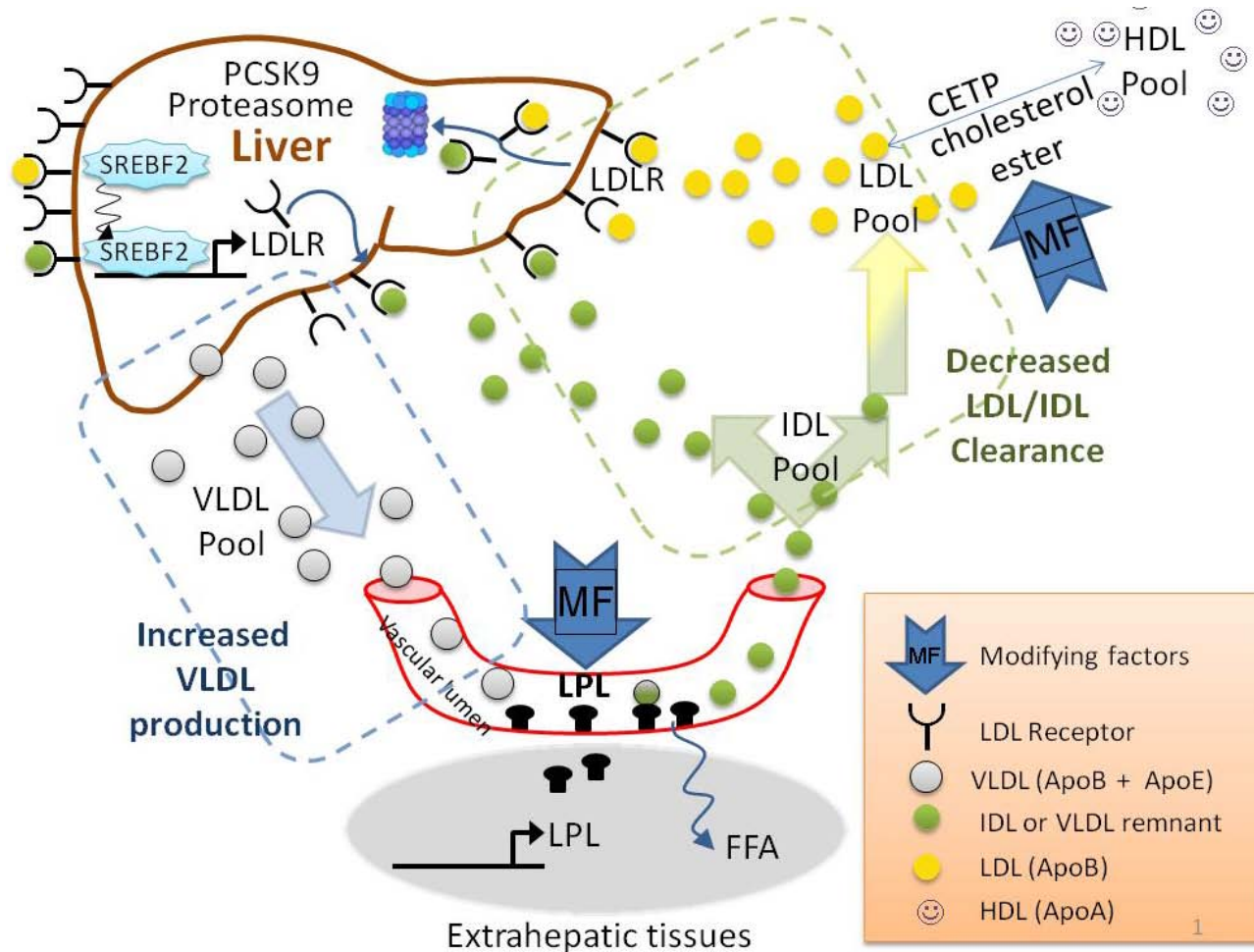




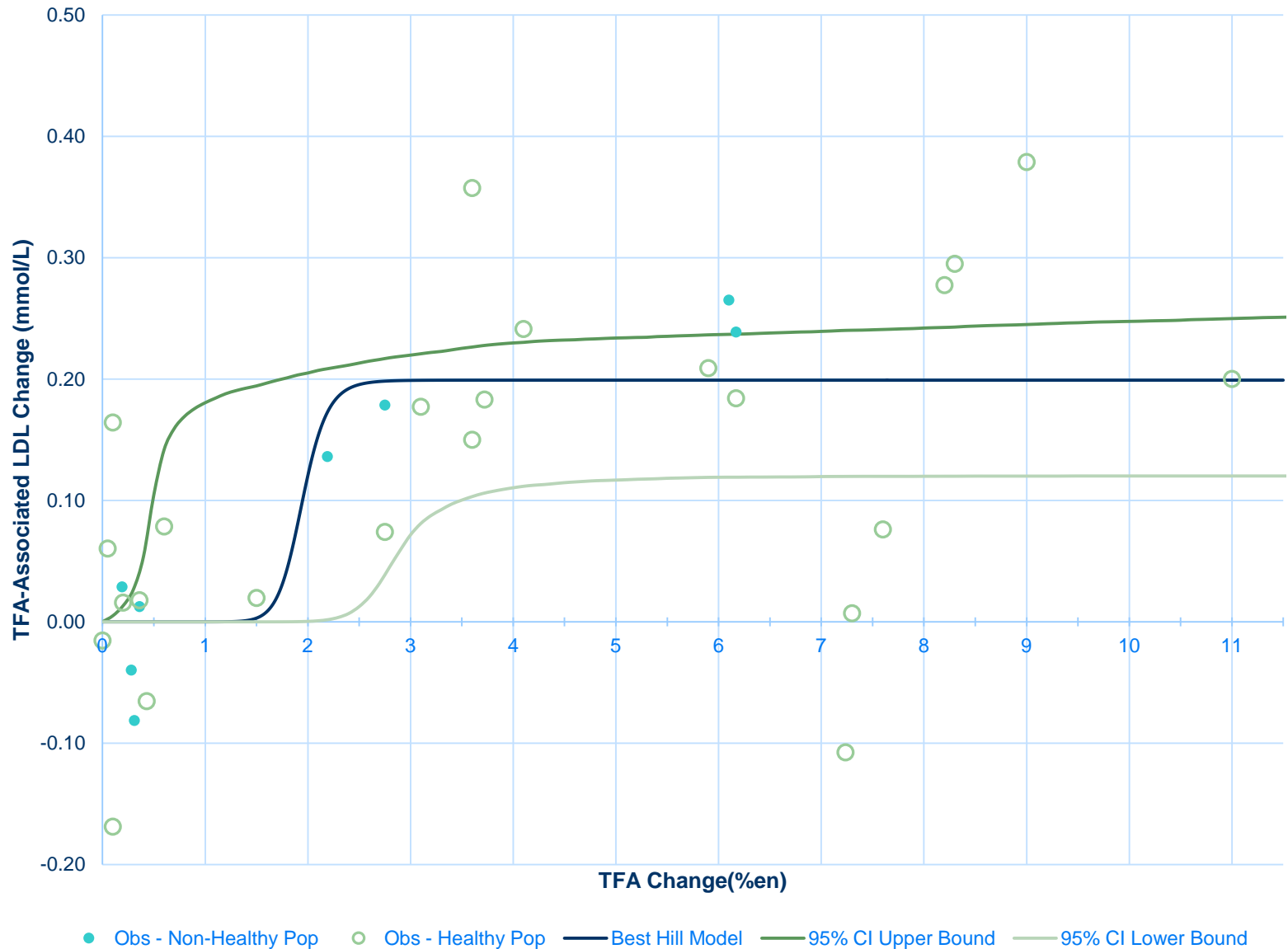


Brouwer et al. (2010): Change in TFA and LDL vs. cis-MUFAs diet; 39 studies

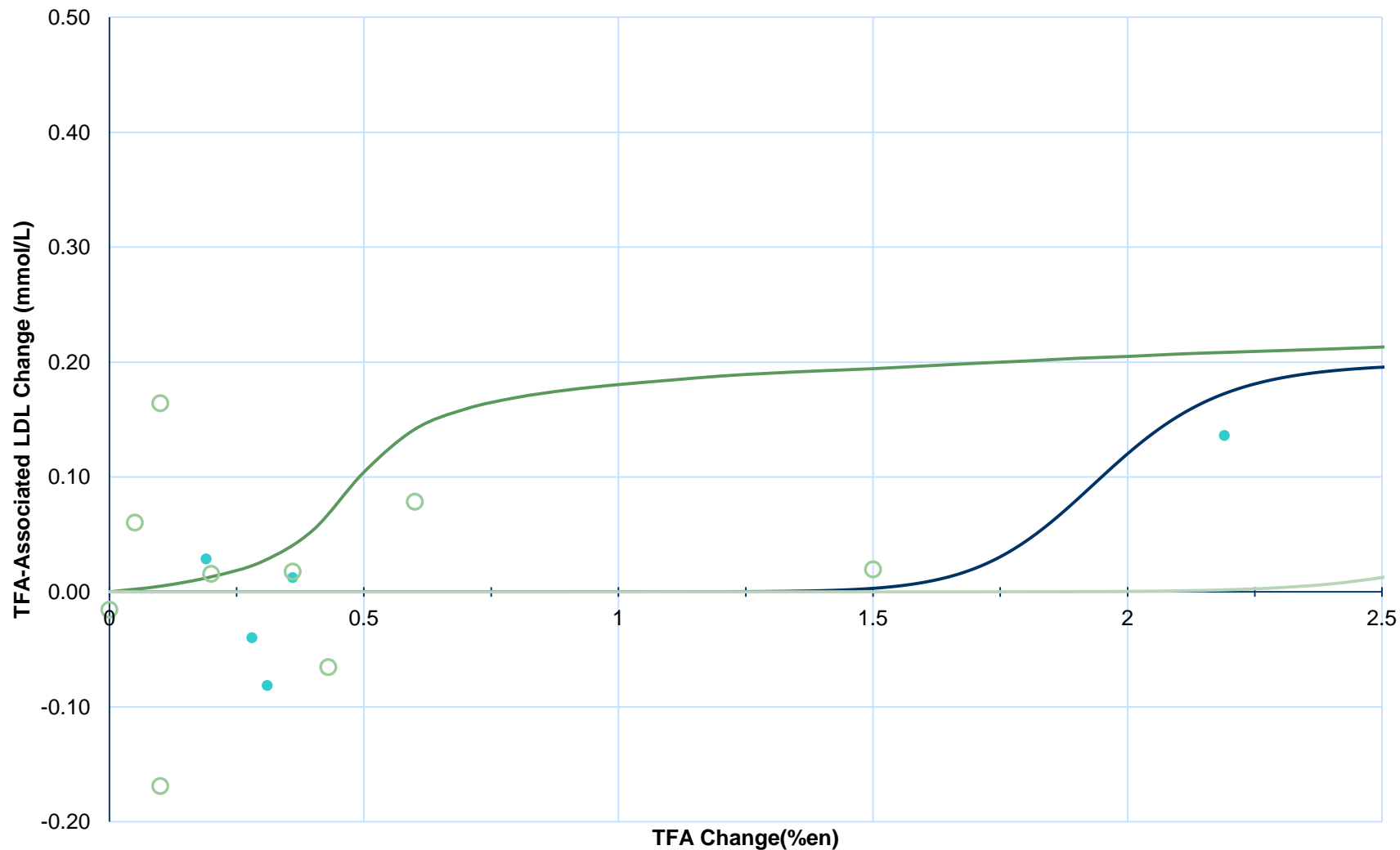
# Biology of LDL Control



# Hill Model Uncertainty -- Best Hill Model and 95% Bounds on TALC Predictions, by TFA Change; Ignoring Arm-Arm Variation

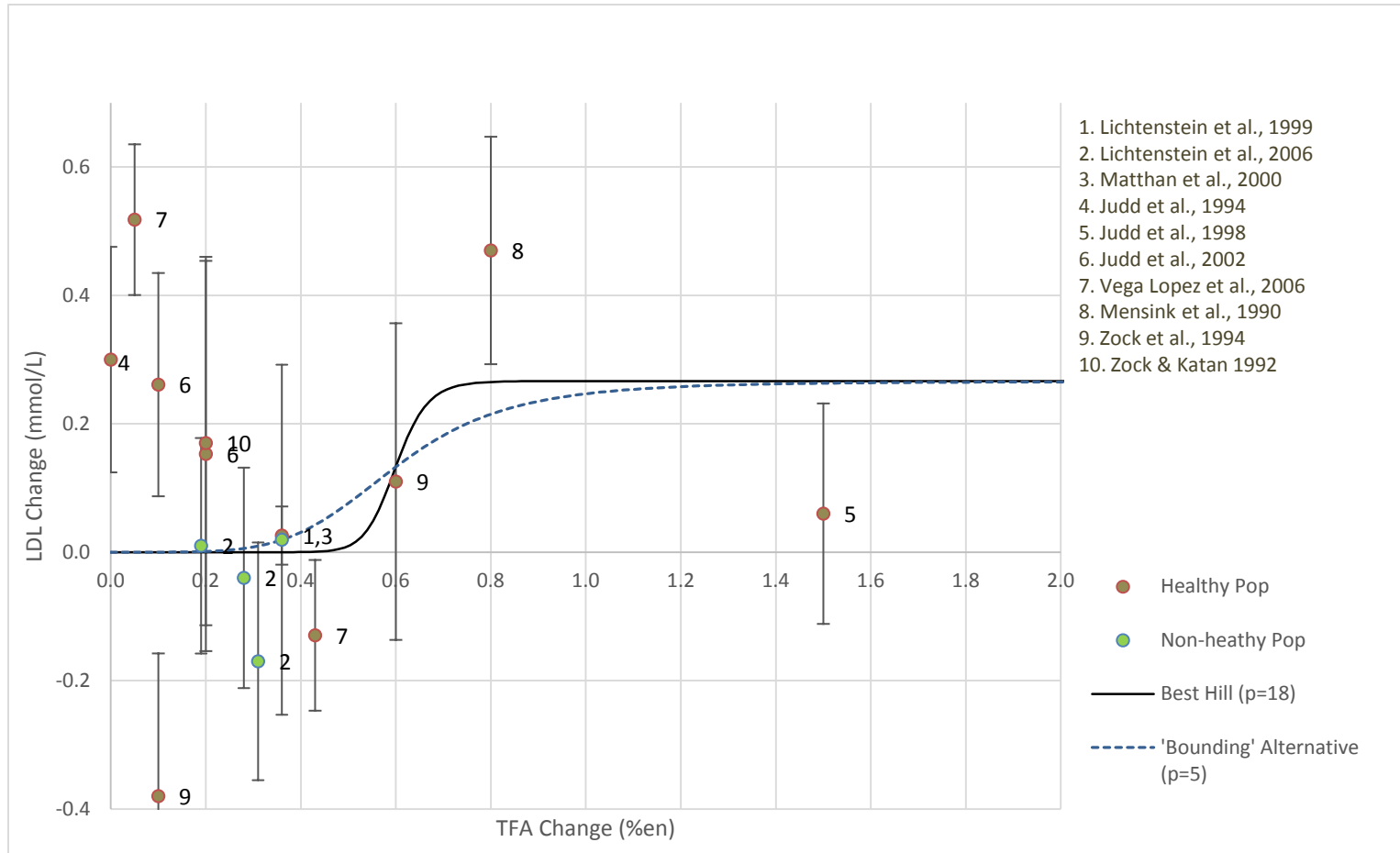


### Hill Model Uncertainty -- Best Hill Model and 95% Bounds on TALC Predictions, by TFA Change; Ignoring Arm-Arm Variation; Region of Small TFA Change



● Obs - Non-Healthy Pop   ● Obs - Healthy Pop   — Best Hill Model   — 95% CI Upper Bound   — 95% CI Lower Bound

# Low-Dose Studies with Error-bars



# Summary for TFAs

- **Elevated LDL levels result from either:**
  - Increased LDL production
  - Decreased LDL clearance
- **A substantial database supports this MOA, although the key events are likely to be interdependent, rather than sequential.**
- **Both key events are *functions of non-linear biological processes* including rate-limited pharmacokinetic clearance, receptor mediated transcription and both positive and negative feedback loops**



# Summary

- Mode of action (identification of key & obligatory steps) *is not* ...Mechanism of action (more detailed understanding at biochemical & molecular level), *is also not* ...Adverse Outcome Pathway.
- Mode of Action is sufficient for risk assessment purposes.
- Defining sufficiency for Mode of Action is a judgment call by experts and incorporates data from multiple sources.
- Peer review is a necessary part of the overall determination of a chemical's Mode of Action.

