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# Investigative and Predictive Approaches to Drug-Induced Steroid Hormone Perturbation

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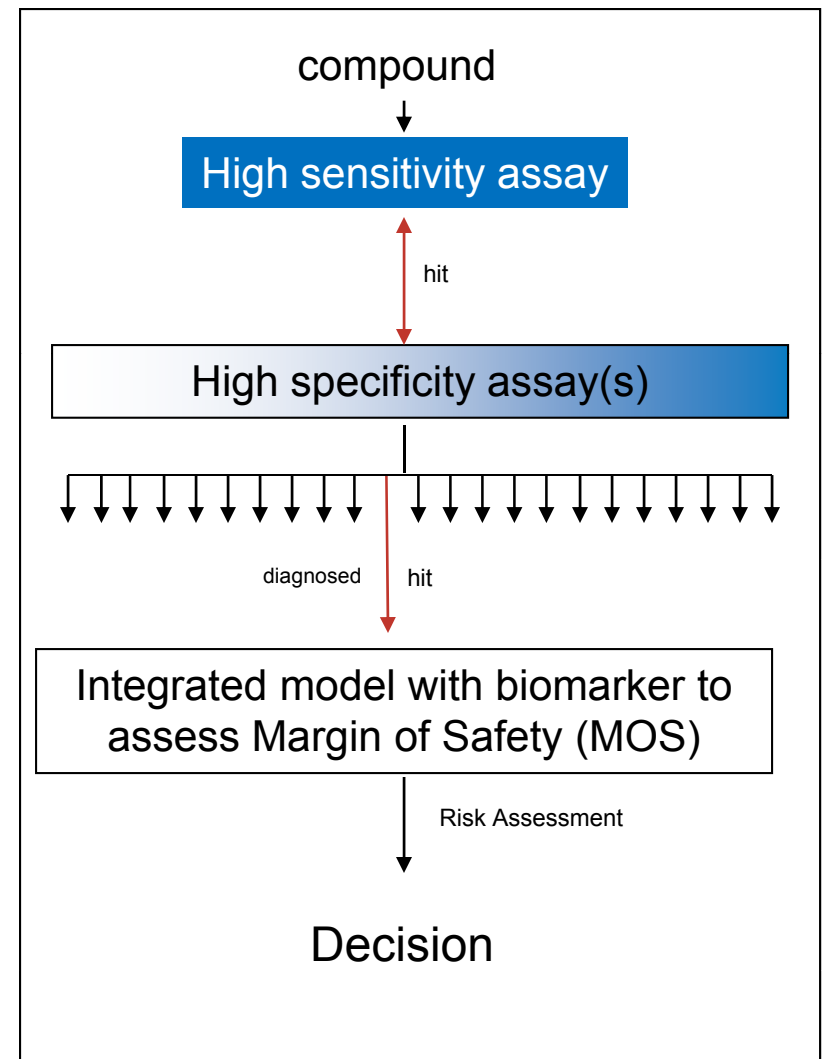
Jeff Lawrence

Comparative Biology and Safety Sciences

Nor Cal SOT  
04-Nov-2010

# Understanding Mechanisms Helps Provide a Path Forward

- Screening:
  - Require higher throughput, high sensitivity assays
  - There may be false positives
- **Mechanistic Assessment:**
  - High specificity assays to distinguish between types of events
  - The assay needs to be a different assay
  - These tend to be lower throughput
- Risk Assessment:
  - After a hazard is identified and diagnosed, the risk needs to be assessed by determining a safe exposure
    - In animals for Margin of safety determination
    - In the clinical to determine safe exposure and monitor safety



# Outline of Presentation

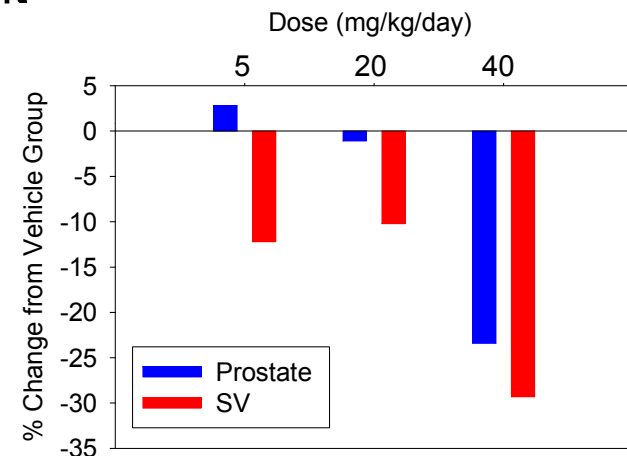
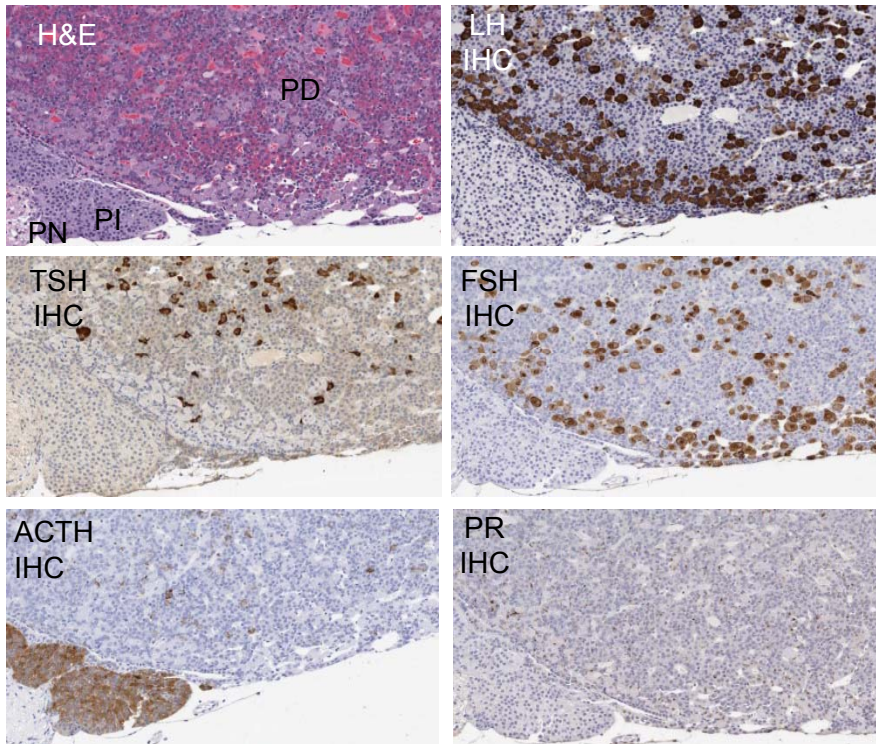
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- Program endocrine findings
- In vitro mechanistic studies
- In vivo metabolomics study
- Search for a biomarker
- Conclusions

# 28-Day Sprague-Dawley Rat Study with Cmpd 1

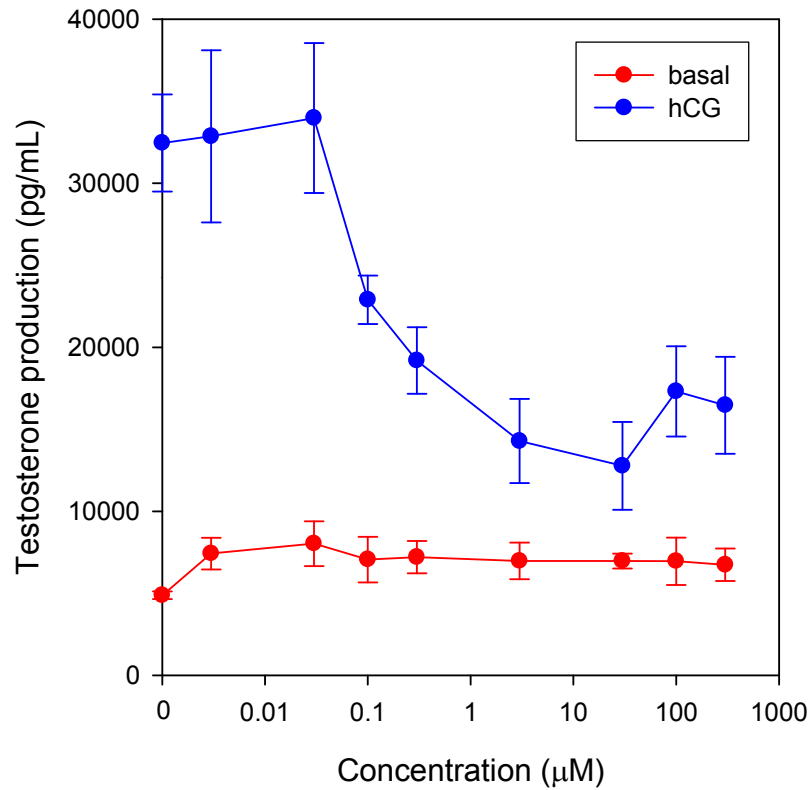
## Endocrine Findings in Males

- Prostate and seminal vesicle atrophy with ↓ weights
- Prominent pituitary gonadotrophs
- Adrenal cortical hypertrophy with ↑ weight
- Thyroid follicular hypertrophy ↑ weight
  - Secondary to hepatic enzyme induction



Incidence of Microscopic Findings and Estimated Margin			
Dose	5	20	40
Pituitary	1/10	9/10	5/10
Prostate atrophy	0/10	2/10	4/10
Seminal vesicle atrophy	1/10	2/10	4/10
Estimated Margin	4	16	25

# Cmpd 1 Inhibits Only hCG-Induced Testosterone Production



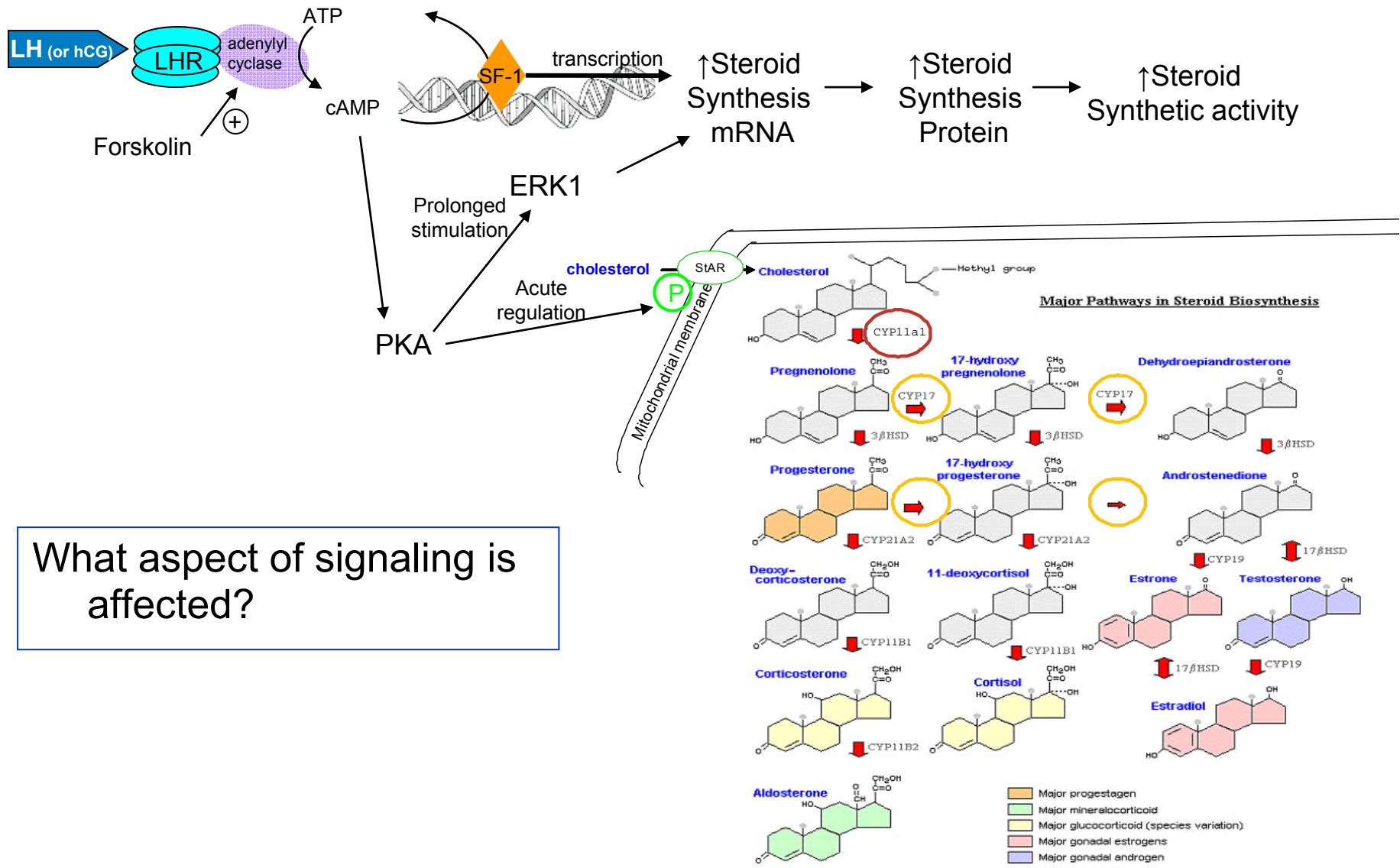
- **Method**

- An enriched primary rat Leydig cells were isolated from rat testes by differential centrifugation.
- Cells were isolated, plated, and incubation with hormones/test articles for 20 hours.
- Media was assayed for testosterone with an ELISA and cellular ATP measured to assess viability

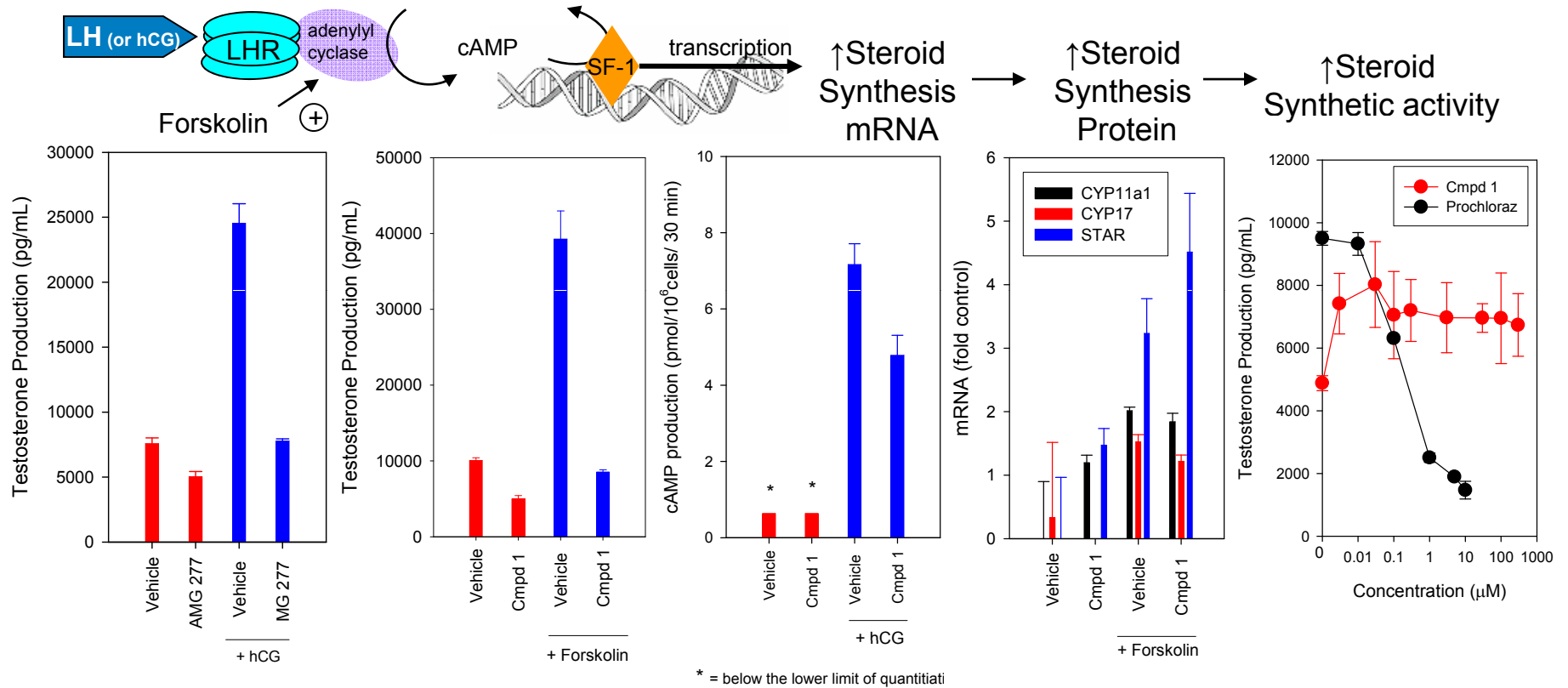
- **Cmpd 1 only inhibits the stimulated portion of testosterone production**

- Doesn't look like a biosynthetic inhibitor
- Site of action appears to involve signaling

# LH Induced Testosterone Production Signaling Pathway in Leydig Cells

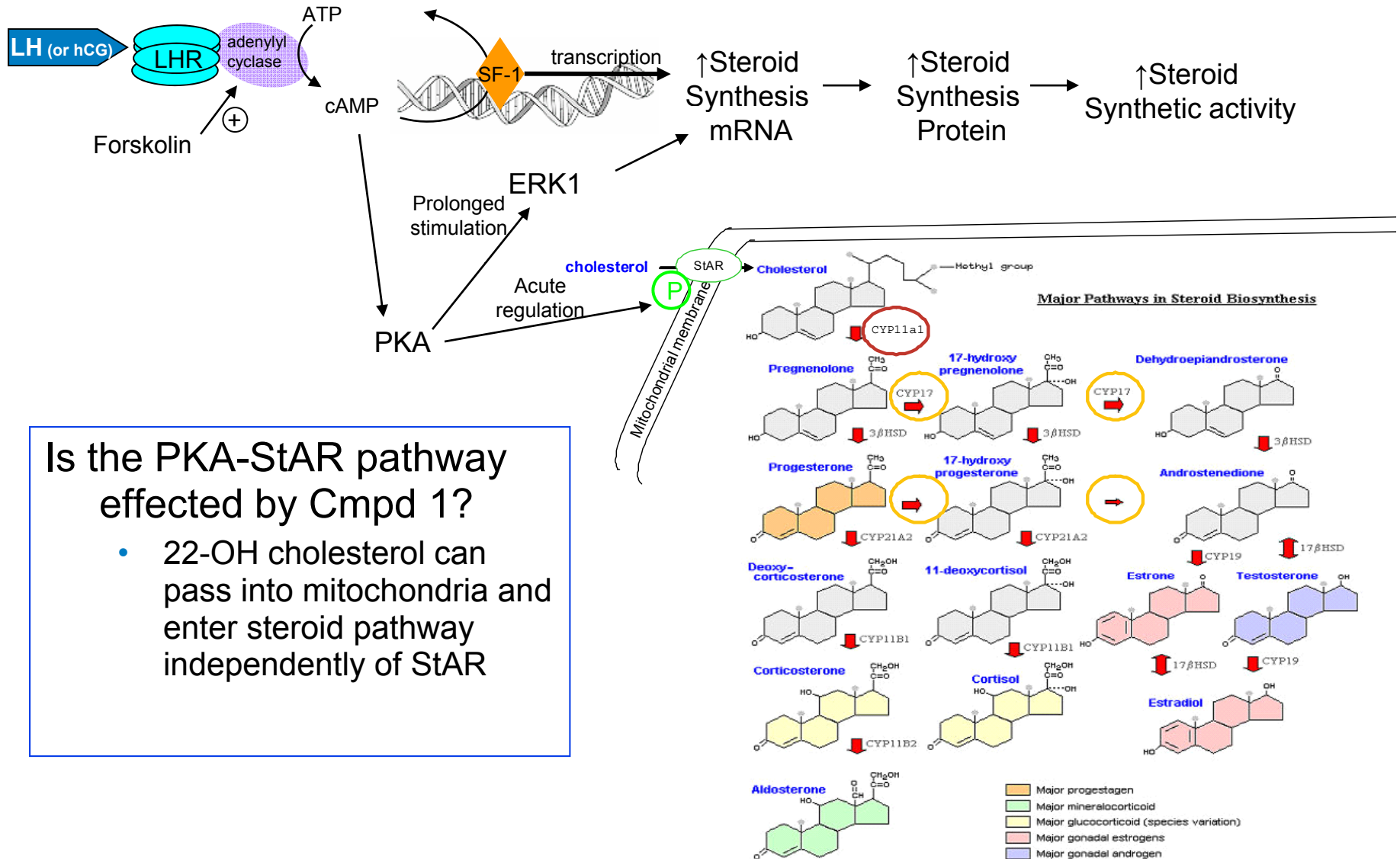


# Understanding The Mode of Action Will Help Identify The Best Screening System



- Cmpd 1 inhibits hCG and forskolin stimulated testosterone production
- Cmpd 1 does not inhibit hCG stimulated cAMP production
- Cmpd 1 does not inhibit forskolin induced StAR or CYP11a1 mRNA
  - CYP17 limited or no induction
- Cmpd 1 does not inhibit basal testosterone production
  - not a biosynthetic pathway inhibitor

# LH Induced Testosterone Production Signaling Pathway in Leydig Cells

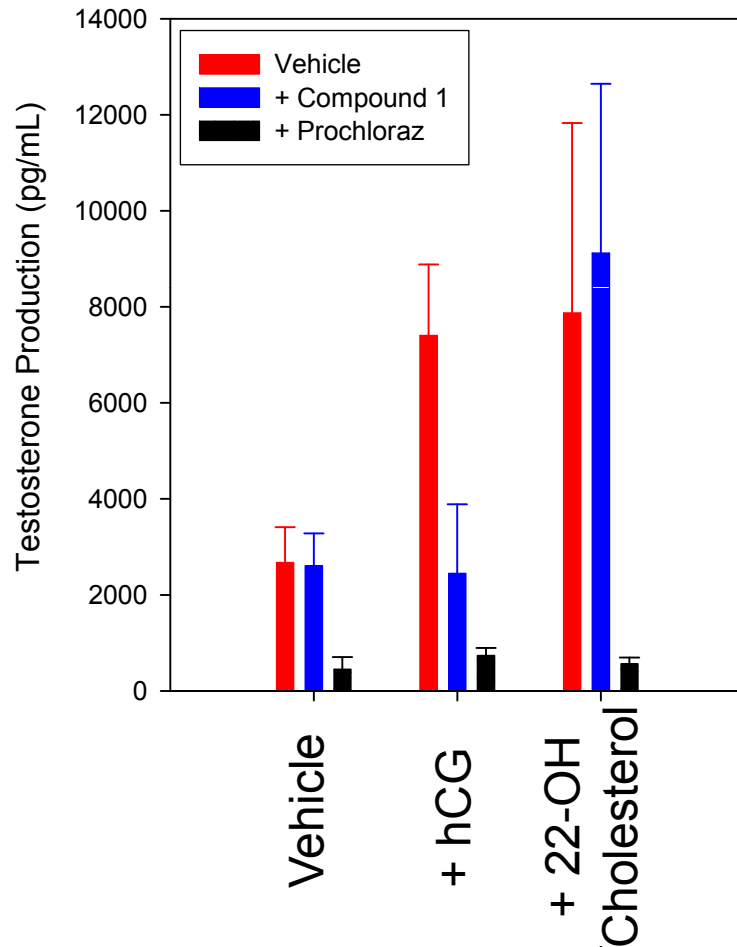


Is the PKA-StAR pathway effected by Cmpd 1?

- 22-OH cholesterol can pass into mitochondria and enter steroid pathway independently of StAR



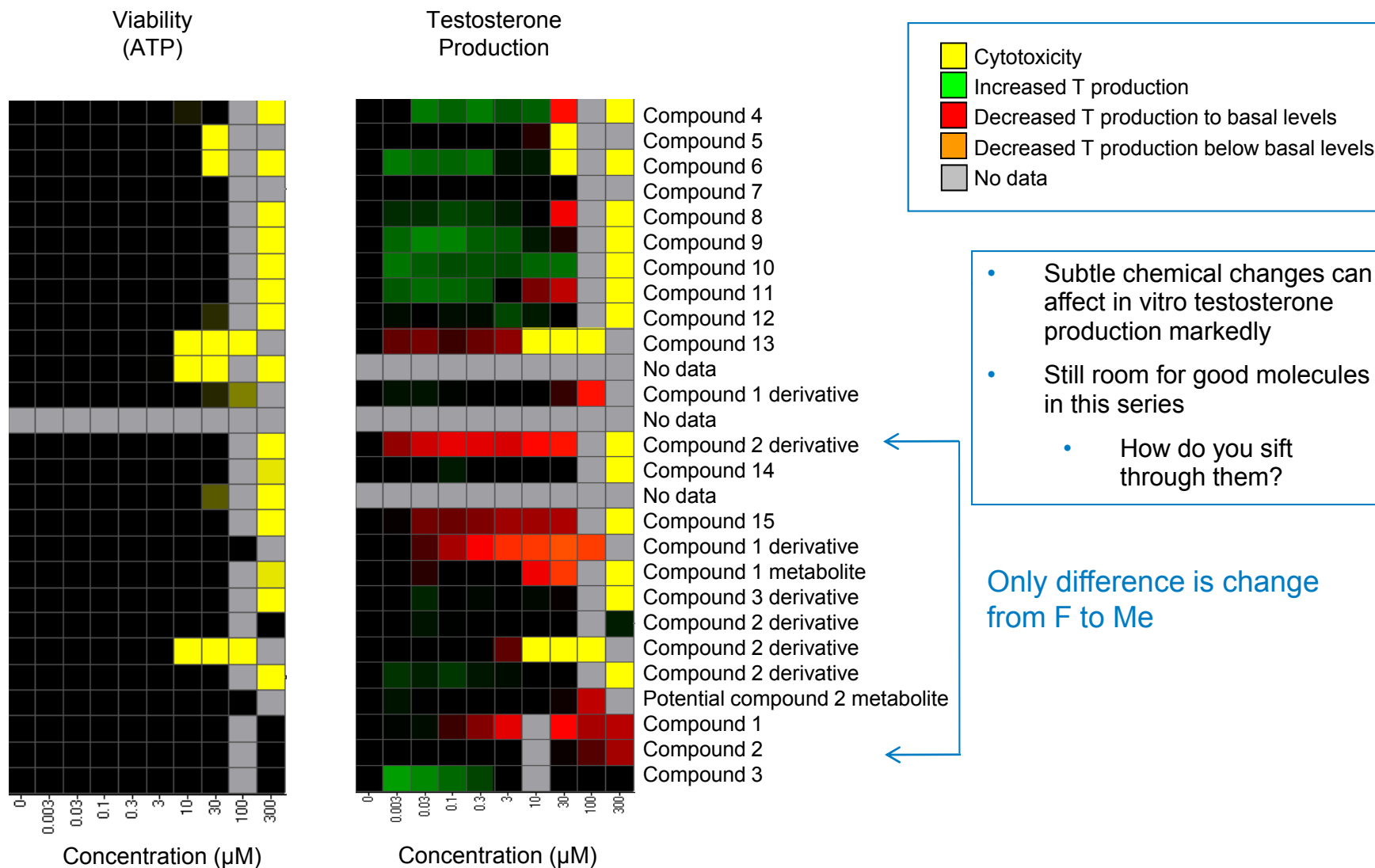
# Effect of Cmpd 1 on 22-OH Cholesterol Stimulated Testosterone Synthesis In Vitro



- No inhibition of 22-OH cholesterol stimulated testosterone by Cmpd 1
- Strong inhibition of basal, 22-OH cholesterol stimulated, and hCG stimulated testosterone by prochloraz
- Data suggests Cmpd 1 is not a biosynthetic inhibitor, but acts at cholesterol transport

# In Vitro Chemical Survey

## Effects on hCG-Stimulated Testosterone Production in Rat Leydig Cells



# Metabolomics Study

## Demonstrating In Vivo Relevance

### Study Design

Group	Number of Animals				Treatment	Dose Level (mg/kg)
	Day 2	Day 5	Day 14	Day 28		
	Subgroup					
	1	2	3	4		
1	6	6	6	6	Vehicle 1 <sup>a</sup>	0
2	6	6	6	--	Vehicle 2 <sup>b</sup>	0
3	6	6	6	--	Cmpd1	1
4	6	6	6	6	Cmpd1	10
5	6	6	6	6	Cmpd1	40
6	6	6	6	--	Prochloraz	75

<sup>a</sup> Vehicle 1 (Cmpd1): 20% Captisol, 1% HPMC, 1% Pluronic F68 in RO water, pH 2.1

<sup>b</sup> Vehicle 2 (prochloraz): corn oil

- **Terminal Procedures**

- Scheduled Necropsy – Approximately 6 hours post-dose on days 2, 5, 14, and 28
- Blood collection in EDTA tubes and plasma collected
- Organ weights, tissue collection for histopathology and freezing

- **Analytical Procedures**

- Hormone analysis using a multiplex luminex-based analysis platform
- Mass Spectrometry based Metabolomics
  - Broad based biochemical profiling
  - High sensitivity quantitative hormone profiling
- Testicular StAR protein semi-quantification via Western blot

# Metabolomics Study Results

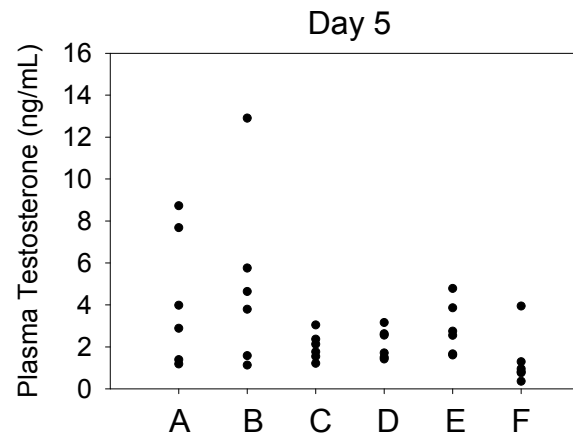
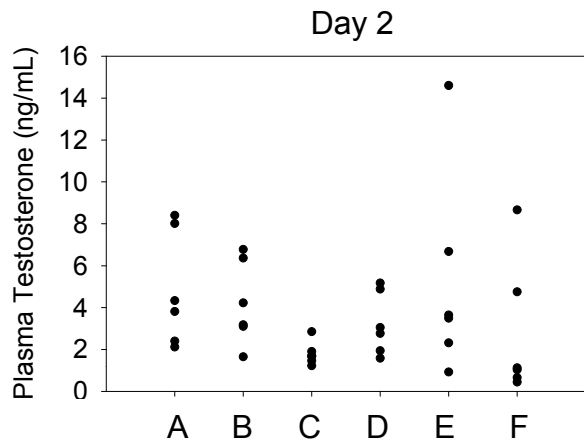
## Histologic Observations

Organ/ change	Day			
	2	5	14	28
Prostate/ Decreased secretion	No effect	No effect	No effect	√ (40)
Pituitary/ Increased basophilic pituicytes	No effect	No effect	No effect	√ (10, 40)
Adrenal/ Vacuolar hypertrophy	√ (40)	√ (10, 40)	√ (1, 10, 40)	√ (10, 40)

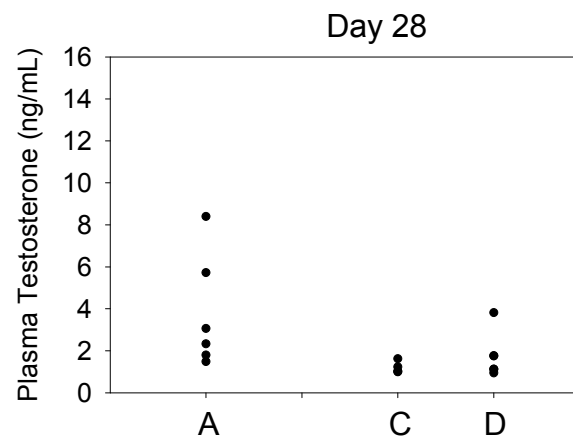
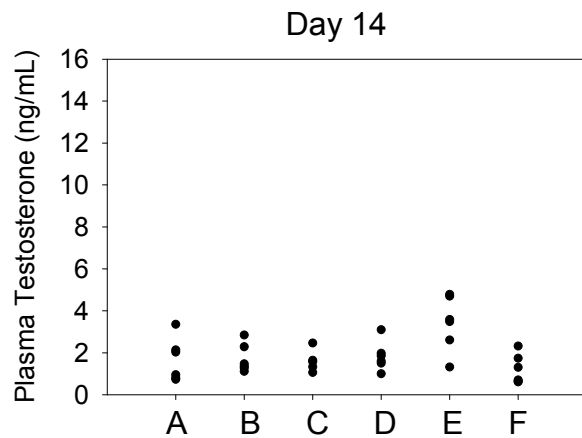
- 1 mpk dose of Cmpd 1 was only tested through 14 days
- Prochloraz affected prostate as early as 5 days treatment

# Metabolomics Study

## Plasma Testosterone



A- vehicle  
 B- corn oil  
 C- 40 mpk Cmpd 1  
 D- 10 mpk Cmpd 1  
 E- 1 mpk Cmpd 1  
 F- 75 mpk Prochloraz

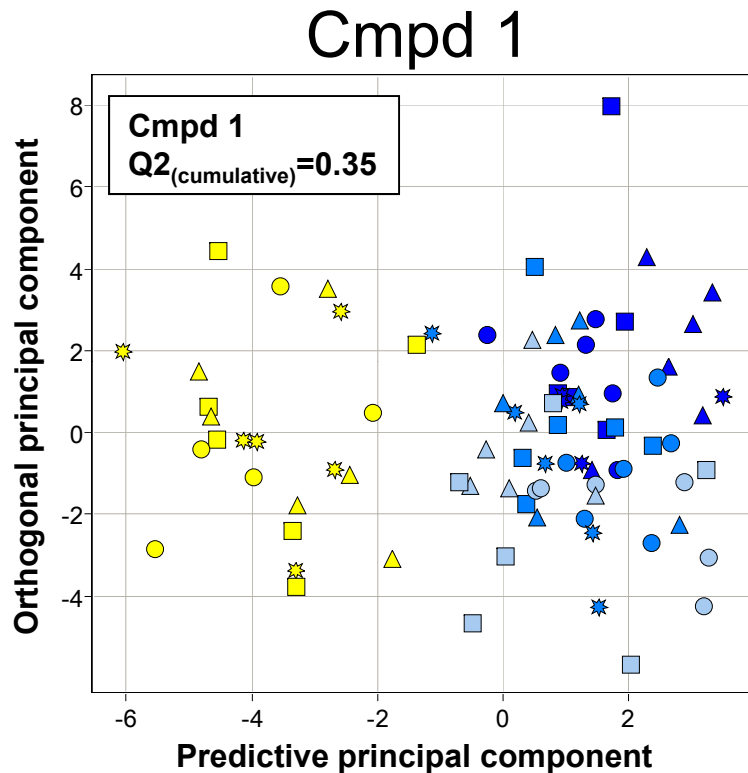


Note variability in  
 vehicle  
 testosterone  
 levels

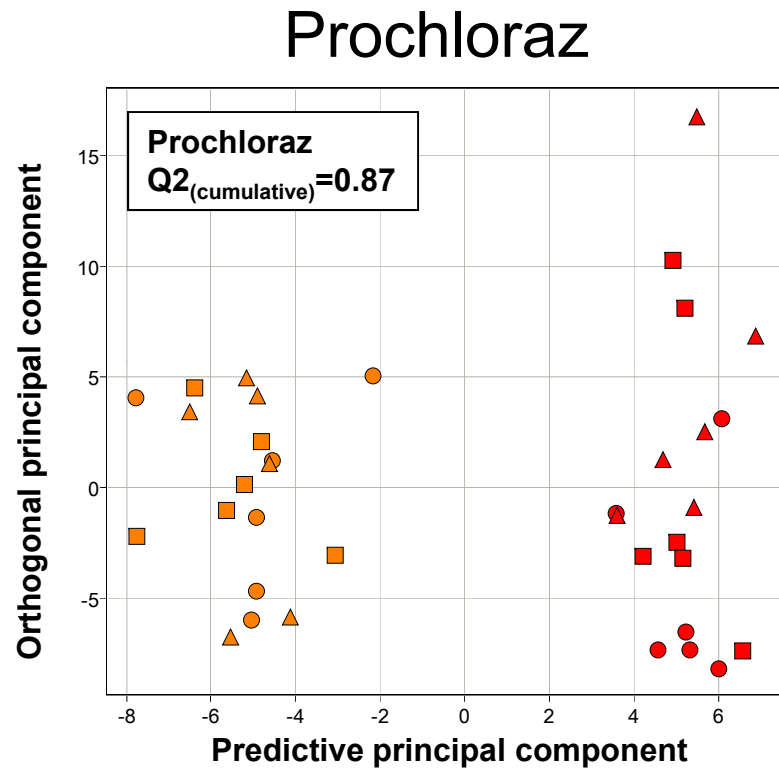
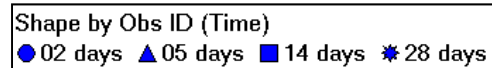
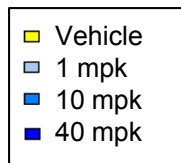
- At 40 mg/kg/day (C), Cmpd 1 appears to “tighten up” the testosterone levels
  - Decreased influence of stress?
- Cmpd 1 did not affect LH hormone levels
- Cmpd 1 did not affect ACTH levels

# Metabolomics Study

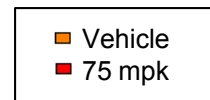
## Supervised Multivariate Overview of Treatment Effect



- Weak metabolic effects of Cmpd 1

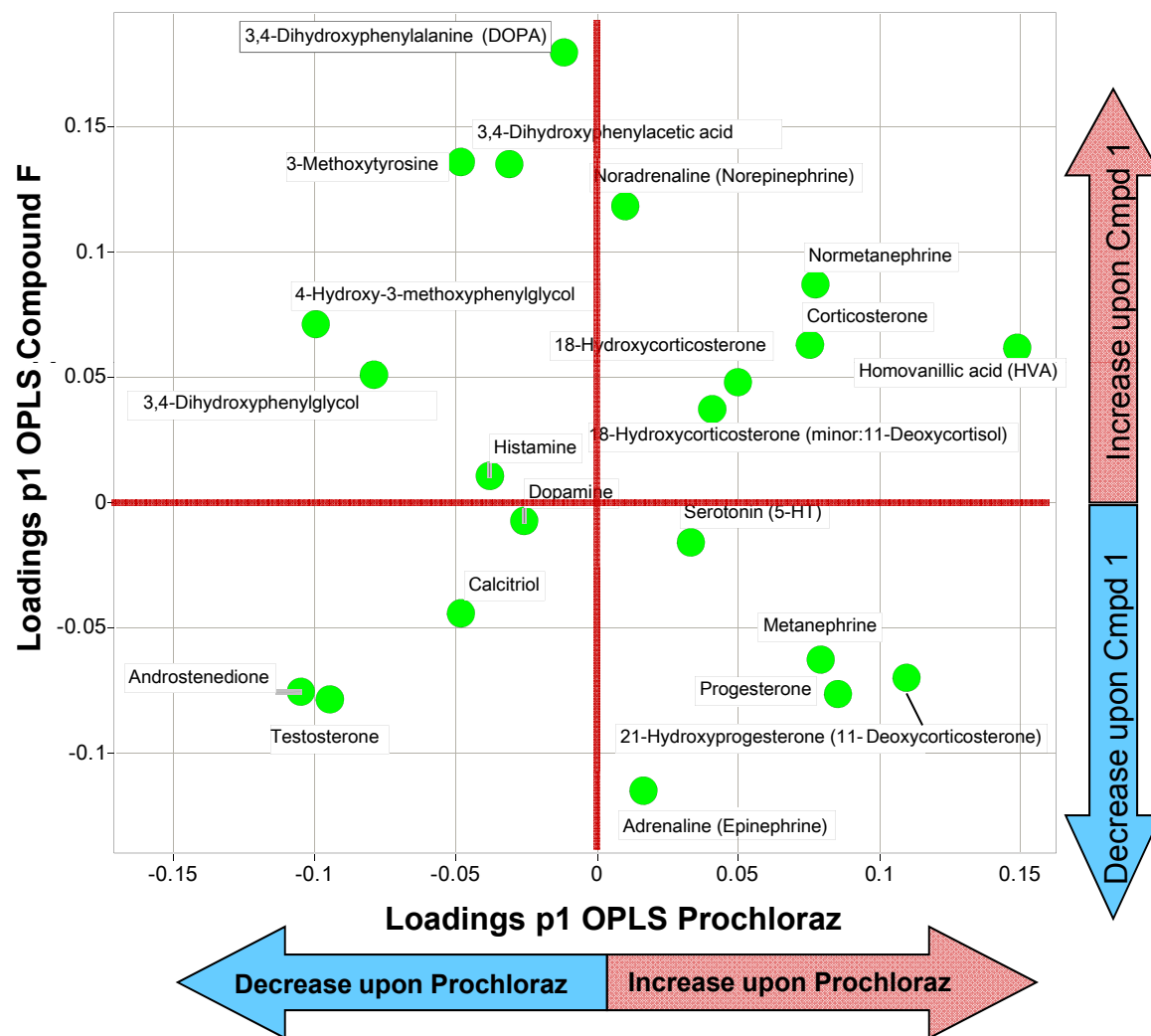


- Strong metabolic effects of prochloraz



# Metabolomics Study

## Supervised Multivariate Overview of Treatment Effect Hormone Method Analytes Only



### Cmpd 1

- Decreases below horizontal line
- Increases above horizontal line

### Prochloraz

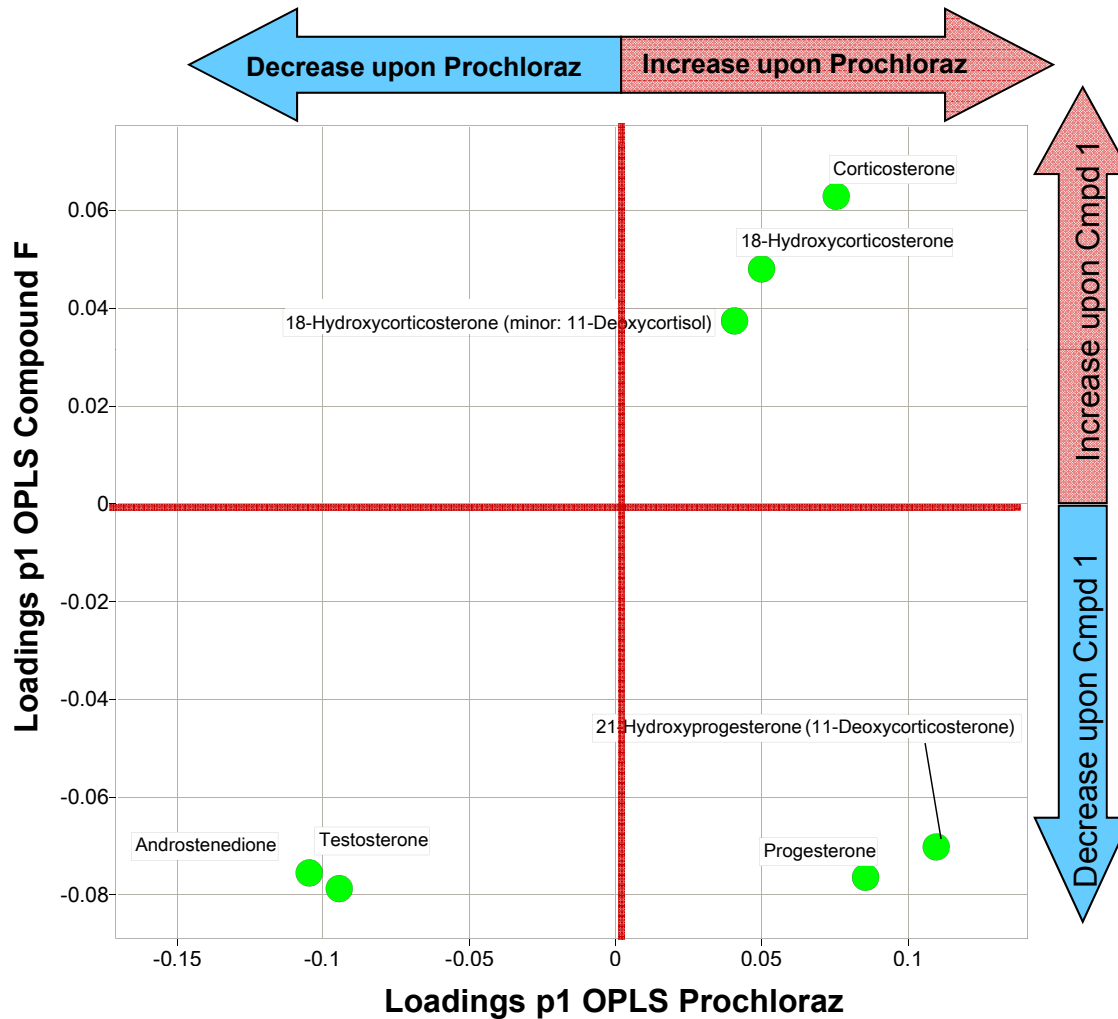
- Decreases left of vertical line
- Increases right of vertical line

OPLS loadings SUS plot of log ratios  
normalized to vehicle control



# Metabolomics Study

## Supervised Multivariate Overview of Treatment Effect of Steroids Only



### Cmpd 1

- All gonadal steroids are decreased by Cmpd 1

### Prochloraz

Decreased

- Testosterone
- Androstenedione

Increased

- Progesterone
- 21-hydroxyprogesterone
  - 11-Deoxycorticosterone

*Consistent with CYP17 inhibition*

OPLS loadings SUS plot of log ratios normalized to vehicle control



# Metabolomics Study

## Summary

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- Few biochemical changes observed in metabolomics analysis for Cmpd 1
  - strong effects observed with prochloraz
- Prochloraz decreased male gonadal steroids distal to CYP17 and increased gonadal steroids proximal to CYP17 consistent with its known mechanisms of testosterone synthesis inhibition (CYP17)
- Cmpd 1 decreased all gonadal steroids consistent with in vitro testosterone synthesis results
  - cholesterol transport

# Biomarker Assessment

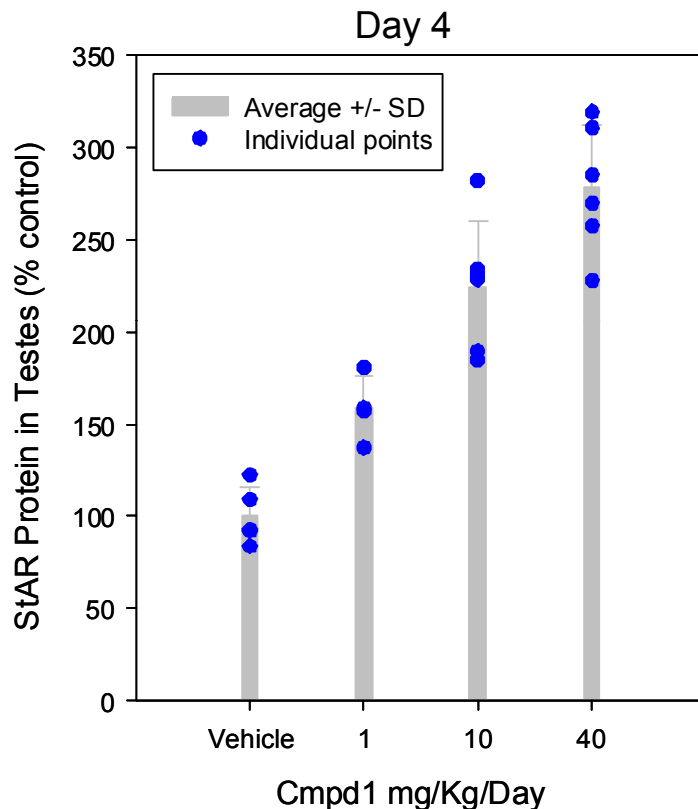
## StAR expression

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- 22-OH cholesterol expt implicates role of transport in defect
  - Herbicide “Round-Up” affects steroid synthesis by decreasing StAR quantity
- What does Cmpd 1 do to StAR levels?
  - Can StAR quantity be a biomarker useful in a 4-day study?
    - Eliminate need for 28 day studies to detect changes?

# Biomarker Assessment

## StAR Protein Expression



- Rat were treated with Cmpd 1 at 1, 10, and 40 mpk for 4 days
- At necropsy, testes were harvested and frozen at -70°C
- A portion of the frozen testes was homogenized and the StAR protein semi-quantified by Western blot
- StAR content was increased compared to vehicle treated animals at day 4
- This suggests that cholesterol transport inhibition may lead to increased StAR protein levels through a feedback loop

StAR content may be a useful biomarker in 4 day studies to assess the testosterone disruption effects that manifest in prostate weight changes at 28 days

# Mechanistic Summary

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- Cmpd 1 can inhibit testosterone production
  - Only hormone stimulated testosterone production inhibited
    - Does not affect intramitochondrial biosynthetic targets
      - Affects all steroid intermediates equally
    - Is not a transcriptional mechanism
    - Is not a cAMP production inhibitor mechanism
    - Is not a hormone receptor inhibitor mechanism
    - Is not a LH hormone deficiency mechanism
    - Is not a androgen nuclear receptor antagonist (data not shown)
    - Does not inhibit PKA (data not shown)
  - Defect involves cholesterol transport
    - Does not decrease StAR (cholesterol transporter) quantity
      - Increase observed

# What can we conclude?

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- Program compounds affected steroid biosynthesis
  - Cmpd 1 decreased all gonadal steroids in vivo, consistent with in vitro evidence of testosterone synthesis inhibition at cholesterol transport
  - Metabolomics quantitative hormone profiling can distinguish types of testosterone synthesis inhibitors in the in vivo setting
- Value of in vitro Leydig cell assay:
  - Good positive predictive value (3/3)
  - Negative predictive value less reliable (1/2 for molecules showing no effect up to 300  $\mu$ M)
    - Edge of sensitivity for distinguishing compounds like Cmpd 2 (100-300  $\mu$ M)
  - Cytotoxicity limitations
- Knowing the mechanism can help identify potential predictive biomarkers
  - Cmpd 1 treatment increased StAR protein levels at early time points (Day 4) compared to organ weight or histopathological changes (Day 28)
  - This can be a useful biomarker to assess testosterone synthesis disruption for this mechanism in screening studies

# Acknowledgements

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